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Supporting a more Sustainable Tourism
A Guide for Policy Makers
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A Guide for Policy Makers
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Introduction
Tourism is an activity that has grown by around 25 per cent in the past 10 years. It now accounts for around 10 per cent of the world’s economic activity and is one of the main generators of employment. However, it also has major impacts on the natural and built environments and on the wellbeing and culture of host populations. In roughly that same period, the concept of sustainable development has become widely accepted as the way to a better future, even though its roots go back to the 1980s.

It is against this background that Supporting a More Sustainable Tourism: A Guide for Policy Makers views the effects of tourism, both positive and negative. In this context, the Guide examines ways in which governments but also other stakeholders can develop strategies, policies and tools to maximize the industry’s positive effects while minimizing the negative impacts.

Various international conventions and declarations have put forward principles and guidelines for sustainable tourism and the importance of tourism and its sustainability was underlined at the 2002 World Summit on Sustainable Development. Many countries declare that they are pursuing, or wish to pursue, policies for ‘sustainable tourism’. Despite this interest, there remains a degree of uncertainty over the scope and priorities for making tourism more sustainable and only partial appreciation of how to put this into practice.

All tourism should be more sustainable

Sustainable tourism is not a discrete or special form of tourism. Rather, all forms of tourism should strive to be more sustainable.

Making tourism more sustainable is not just about controlling and managing the negative impacts of the industry. Tourism is in a very special position to benefit local communities, economically and socially, and to raise awareness and support for conservation of the environment. Within the tourism sector, economic development and environmental protection should not be seen as opposing forces—they should be pursued hand in hand as aspirations that can and should be mutually reinforcing. Policies and actions must aim to strengthen the benefits and reduce the costs of tourism.

Big issues are at stake here. Further massive growth is predicted for tourism between now and 2030, providing excellent opportunities for spreading prosperity but presenting considerable challenges and potential threats to the environment and local communities if not well managed. Climate change is recognized as a major global issue, with significant implications for tourism. There is also an increasing appreciation of the potential role of tourism in addressing world poverty, by bringing sources of income to the heart of some of the poorest communities.

Stakeholders in sustainable tourism

Many different interests can benefit from tourism being made more sustainable:

- Tourism enterprises, while seeking long term profitability, should be concerned about their corporate image, the relationship with their staff, and their impact on the global environment and the one immediately around them.
- Local communities are seeking increased prosperity but without exploitation or damage to their quality of life.
- Environmentalists are concerned about the harmful impacts of tourism but also see it as a valuable source of income for conservation.
- Tourists are seeking a high quality experience in safe and attractive environments; they are becoming more aware of the impacts of their travelling.

In seeking more sustainable tourism, governments must recognize the different positions and motivations of these stakeholders and work with them to achieve common goals.

Governments play a leading role

Sustainability is the responsibility of all those involved in tourism. Most of the impacts of tourism are the result of actions taken by private sector enterprises and by tourists themselves. However, there is a clear need for governments to take a leading role if truly significant progress is to be achieved in making tourism more sustainable. This is because:

- The tourism industry is very fragmented. It is difficult for the individual actions of many micro and small businesses to make a positive difference and coordination is required.
- Sustainability relates to areas of public concern—air, water, natural and cultural heritage and the quality of life. Moreover, many of the relevant resources are managed by governments.
Governments have many of the tools that can be used to make a difference—such as the power to make regulations and offer economic incentives, and the resources and institutions to promote and disseminate good practice.

Governments should provide an environment that enables and encourages the private sector, tourists and other stakeholders to respond to sustainability issues. This can best be achieved by establishing and implementing a set of policies for tourism development and management, drawn up in concert with others, that place sustainability at its center.

The principles of sustainable development put emphasis on local determination and implementation of policies and actions. This should be placed within a supportive national policy framework.

**Who is this Guide for**

The Guide is primarily aimed at governments, at both national and local levels NGOs and the private sector, to the extent that they are affected by, and can affect, tourism policy and its implementation.

The sustainability of tourism is an issue of equal importance in both developed and developing countries. This document is aimed at both. However, the balance of priorities may vary between them.

**Purpose and scope of the Guide**

The purpose of this document is to provide governments with guidance and a framework for the development of policies for more sustainable tourism as well as a toolbox of instruments that they can use to implement those policies.

The Guide contains five chapters:

1. Tourism and sustainability. This looks closely at what sustainability means for tourism and why governments need to address it. It introduces some key principles and an agenda for more sustainable tourism, framed around a set of 12 Aims.

2. Policy implications of a sustainable tourism agenda. The 12 Aims for more sustainable tourism are discussed in turn and policy areas relevant to each of them are identified.

3. Structures and strategies for more sustainable tourism. This chapter is about establishing the right structures through which governments can work with others towards more sustainable tourism, and about the strategies that are required to develop and drive policies and actions. Particular attention is paid to the relationship between national and local structures and strategies for sustainable tourism.

4. Shaping sustainable tourism. This chapter looks at the process of developing a tourism strategy that embraces sustainability and identifies some of the strategic choices that need to be made. It looks at product and market selection, and introduces the tools that may be used to influence tourism development, the operation of tourism enterprises and the behavior of visitors.

5. Instruments for more sustainable tourism. A detailed description is given of a set of tools, and of how they can be applied by governments. They include the use of sustainability indicators, planning, infrastructure provision, legislation and regulations, and a set of voluntary and facilitating instruments.
Tourism and Sustainability

This chapter examines two basic questions:

• What is meant by making tourism more sustainable?
• Why should governments be concerned about it?

In developing an answer, the chapter outlines why tourism is in a special position with respect to sustainable development; discusses some of the key challenges that need to be addressed; and reviews the international recognition that is being given to the sustainability of tourism. Using this as a basis, it goes on to outline some guiding principles that should be observed and then presents an agenda for sustainable tourism, in the form of twelve aims. Finally, it is shown that, although visitors and the tourism industry are becoming increasingly responsive to these issues, governments nevertheless have a critical role in creating the context and stimulating actions to ensure that tourism is more sustainable in the future.
1.1 Tourism: dynamism and growth

With 760 million international arrivals recorded in 2004, accounting for almost US$622 billion of receipts, tourism is a major global activity that has grown by 25 per cent in the past 10 years.

Predicted growth rates remain high and, although global and regional patterns have fluctuated from year to year (most recently owing to fears over terrorism, health crises (e.g. SARs) and natural disasters), tourism has shown a strong and rapid ability to recover. More and more people have the desire and means to travel and the World Tourism Organization (WTO) is predicting over 1,500 million international arrivals by 2020, more than double the current level.

Forecasts to the year 2020 predict growth in tourism in all regions of the world, with the strongest relative growth occurring in parts of the developing world. Although Europe, the Americas, and East Asia and the Pacific will account for 80 per cent of total arrivals, and thus continue to dominate in terms of volume, international tourist arrivals to Africa are forecast to grow, on average, by 5.5 per cent per year during this period and those to South Asia by more than 6 per cent, compared with a world average of just over 4 per cent.

International travel is only one aspect of tourism. In many countries, domestic tourism outweighs international arrivals in terms of volume and income generated. This is also predicted to grow strongly.

Tourism is also a major source of employment, supporting 74 million jobs directly according to a World Travel and Tourism Council (WTTC) estimate, and 215 million (8.1 per cent of the world total) if all the indirect economic effects of the sector are taken into account. It represents US$4,218 billion of GDP (10.4 per cent of the world total), with travel and tourism making a particularly significant contribution to international trade, at over 12 per cent of total exports.

1.2 Sustainable development: an evolving agenda

The most commonly used definition of sustainable development is still that given in the report of the World Commission on Environment and Development (1987), i.e. sustainable development is ‘a process to meet the needs of the present without compromising the ability of future generations to meet their own needs.’

Sustainable development is therefore about creating a better life for all people in ways that will be as viable in the future as they are at present. In other words, sustainable development is based on principles of sound husbandry of the world’s resources, and on equity in the way those resources are used and in the way in which the benefits obtained from them are distributed.

The concept has evolved since the 1987 definition, notably through Agenda 21, the plan of action which emerged from the UN Conference on Environment and Development (Rio, 1992), and the plan of implementation from the World Summit on Sustainable Development (Johannesburg, 2002). Three dimensions or ‘pillars’ of sustainable development are now recognized and underlined. These are:

• Economic sustainability, which means generating prosperity at different levels of society and addressing the cost effectiveness of all economic activity. Crucially, it is about the viability of enterprises and activities and their ability to be maintained in the long term.

• Social sustainability, which means respecting human rights and equal opportunities for all in society. It requires an equitable distribution of benefits, with a focus on alleviating poverty. There is an emphasis on local communities, maintaining and strengthening their life support systems, recognizing and respecting different cultures and avoiding any form of exploitation.

• Environmental sustainability, which means conserving and managing resources, especially those that are not renewable or are precious in terms of life support. It requires action to minimize pollution of air, land and water, and to conserve biological diversity and natural heritage.

It is important to appreciate that these three pillars are in many ways interdependent and can be both mutually reinforcing or in competition. Delivering sustainable development means striking a balance between them.
1.3 Tourism and sustainable development: a special relationship

Tourism is in a special position in the contribution it can make to sustainable development and the challenges it presents. Firstly, this is because of the dynamism and growth of the sector, and the major contribution that it makes to the economies of many countries and local destinations. Secondly, it is because tourism is an activity which involves a special relationship between consumers (visitors), the industry, the environment and local communities.

This special relationship arises because, unlike most other sectors, the consumer of tourism (the tourist) travels to the producer and the product. This leads to three important and unique aspects of the relationship between tourism and sustainable development:

Interaction: The nature of tourism, as a service industry that is based on delivering an experience of new places, means that it involves a considerable amount of interaction, both direct and indirect, between visitors, host communities and their local environments.

Awareness: Tourism makes people (visitors and hosts) become far more conscious of environmental issues and differences between nations and cultures. This can affect attitudes and concerns for sustainability issues not only while travelling but throughout people’s lives.

Dependency: Much of tourism is based on visitors seeking to experience intact and clean environments, attractive natural areas, authentic historic and cultural traditions, and welcoming hosts with whom they have a good relationship. The industry depends on these attributes being in place.

This close and direct relationship creates a sensitive situation, whereby tourism can be both very damaging but also very positive for sustainable development.

On the positive side, tourism can:

• Provide a growing source of opportunities for enterprise development and employment creation as well as stimulating investment and support for local services, even in quite remote communities.
• Bring tangible economic value to natural and cultural resources. This can result in direct income from visitor spending for their conservation, and an increase in support for conservation from local communities.
• Be a force for inter-cultural understanding and peace.

Conversely, tourism can:

• Place direct pressure on fragile ecosystems causing degradation of the physical environment and disruption to wildlife.
• Exert considerable pressure on host communities and lead to dislocation of traditional societies.
• Compete for the use of scarce resources, notably land and water.
• Be a significant contributor to local and global pollution.
• Be a vulnerable and unstable source of income, as it is often very sensitive to actual or perceived changes to the environmental and social conditions of destinations.

The net result is that all those involved in tourism have a huge responsibility to recognize the importance of its sustainable development. Tourism has immense power to do good. Yet it can also be the vector for the very pressures that may destroy the assets on which it relies. Developed without concern for sustainability, tourism can not only damage societies and the environment, it could also contain the seeds of its own destruction.

For governments, tourism policies that address economic, social and environmental issues, and which are developed with an awareness of the potential both for harm and for benefit, can channel the forces resulting from the sector’s dynamic growth in a positive direction. For the tourism industry, accepting this responsibility is not only about good citizenship, it should also be fueled by a strong element of self-interest, since any harm that is inflicted to the natural, cultural or social environment of destinations can lead to their eventual destruction or loss of value as a tourism product. In economic terms, sustainability can guarantee that crucial factor already mentioned: ‘the viability of enterprises and activities and their ability to be maintained in the long term’.
1.4 Making all tourism more sustainable

Some commentators and institutions have implied that sustainable tourism is a particular kind of tourism appealing to a market niche that is sensitive to environmental and social impacts, serviced by particular types of products and operators, and usually—in contrast with high-volume tourism—implying small in scale. This is a dangerous misapprehension. It must be clear that the term ‘sustainable tourism’—meaning ‘tourism that is based on the principles of sustainable development’—refers to a fundamental objective: to make all tourism more sustainable. The term should be used to refer to a condition of tourism, not a type of tourism. Well-managed high-volume tourism can, and ought to be, just as sustainable as small-scale, dispersed special interest tourism.

Box 1.1: The World Tourism Organization’s definition of sustainable tourism

Sustainable tourism development guidelines and management practices are applicable to all forms of tourism in all types of destinations, including mass tourism and the various niche tourism segments. Sustainability principles refer to the environmental, economic and socio-cultural aspects of tourism development, and a suitable balance must be established between these three dimensions to guarantee its long-term sustainability.

Thus, sustainable tourism should:

1) Make optimal use of environmental resources that constitute a key element in tourism development, maintaining essential ecological processes and helping to conserve natural resources and biodiversity.

2) Respect the socio-cultural authenticity of host communities, conserve their built and living cultural heritage and traditional values, and contribute to inter-cultural understanding and tolerance.

3) Ensure viable, long-term economic operations, providing socio-economic benefits to all stakeholders that are fairly distributed, including stable employment and income-earning opportunities and social services to host communities, and contributing to poverty alleviation.

Sustainable tourism development requires the informed participation of all relevant stakeholders, as well as strong political leadership to ensure wide participation and consensus building. Achieving sustainable tourism is a continuous process and it requires constant monitoring of impacts, introducing the necessary preventive and/or corrective measures whenever necessary.

Sustainable tourism should also maintain a high level of tourist satisfaction and ensure a meaningful experience to the tourists, raising their awareness about sustainability issues and promoting sustainable tourism practices amongst them.
Moreover, sustainable tourism should not be taken to imply a finite state of tourism. In fact, it is often argued that tourism may never be totally sustainable - sustainable development of tourism is a continuous process of improvement.

Confusion over the meaning of sustainable tourism has been compounded in some countries by use of the term 'ecotourism' as meaning the same as 'sustainable tourism'. Ecotourism does indeed embrace the principles of sustainability, but it refers explicitly to a product niche. It is about tourism in natural areas, normally involving some form of interpretative experience of natural and cultural heritage, positively supporting conservation and indigenous communities, and usually organized for small groups. The development of ecotourism can provide a useful tool within wider strategies towards more sustainable tourism, as was expounded in the Quebec Declaration on Ecotourism, 2002.

The WTO has given the full definition of sustainable tourism presented in Box 1.1 emphasizing the need to make all tourism sustainable. Expressed simply, sustainable tourism can be said to be:

'Tourism that takes full account of its current and future economic, social and environmental impacts, addressing the needs of visitors, the industry, the environment and host communities.'

Making tourism more sustainable means taking these impacts and needs into account in the planning, development and operation of tourism. It is a continual process of improvement and one which applies equally to tourism in cities, resorts, rural and coastal areas, mountains, and protected areas. It can apply to all forms of business and leisure tourism.

1.5 Key challenges for more sustainable tourism

Tourism, like others sectors, faces major global challenges. Five of these are discussed below. Although they do not encompass all of the challenges facing the sector, all are important issues recognized around the world. They serve here to illustrate the range of impacts and opportunities that relate to tourism, and also to highlight some of the many reasons why governments should pay serious attention to its sustainable development.

Managing dynamic growth

The doubling of international tourist movements predicted for the next 15 to 20 years will bring considerable pressures. If serious harm to the very resources on which tourism depends is to be avoided, this growth must be well managed. This will require careful planning of the location and types of new development, improved environmental management practices and influencing consumption patterns.

Certain types of location, including those listed below, are particularly vulnerable to pressure:

• Marine and coastal environments, where badly sited development, poor management of waste from resorts and cruise shipping, and general over-use by tourists leads to serious loss of amenity and natural habitats.

• Historic towns and cities and cultural heritage sites, where pressures and congestion from visitors and their traffic affect overall amenity and residents’ quality of life.

• Fragile natural environments, where even quite low levels of visitation can threaten biodiversity.

Climate change

Climate change is a major issue for the long term sustainability of tourism in two senses: climate change will have consequences for tourism, and tourism is a contributor to climate change. Effects of climate change, such as rising sea levels, increased frequency and energy of surges and storms, beach erosion, coral bleaching, and disrupted water supply threaten many coastal destinations. Mountain resorts will also suffer, from rising snow lines and shortening winter sports seasons. Changes in temperature and rainfall will affect market appeal in most parts of the world, although in different ways, depending on the interplay of push and pull effects in countries of origin and destination. Tourism may also be affected by other factors such as the spread of tropical diseases and the availability of water. Some of these impacts are already being felt.

It is estimated that tourism may contribute up to 5.3 per cent of global anthropogenic greenhouse gas emissions, with transport accounting for about 90 per cent of this. Estimates suggest that aviation accounts for 2–3 per cent of the world’s total use of fossil fuels and up to 3.5 per cent of the anthropogenic greenhouse effect. More than 80 per cent of this is due to civil aviation. Based on current trends, these impacts are set to increase significantly as air transport is one of the fastest growing sources of greenhouse gas emissions.
Poverty alleviation

Halving world poverty by 2015 is the foremost UN Millennium Goal. The potential for tourism to contribute to this reduction is increasingly recognized, partly because it is one of the few sectors in which poor countries’ cultural and natural resources give them a comparative economic advantage. The development of tourism provides a good opportunity to help alleviate poverty because it is often a new source of revenue in rural areas, where three-quarters of the world’s poor are to be found. It is also a labour intensive activity and one that has low entry barriers. The challenge is to find better ways of channelling visitor spending towards poor people, including through the informal economy.

There is a parallel challenge here: to reverse the tendency for tourism jobs to be low paid. All countries need to ensure that people employed in tourism are properly remunerated, receive proper treatment and are given opportunities for advancement.

Support for conservation

The need to find more financial resources to support conservation is a worldwide issue, although the severity of the problem varies from country to country. Protected areas in developing countries receive less than 30 per cent of their basic funding needs, and some governments have cut spending on conservation by over 50 per cent in the past decade.

Tourism already makes a major direct contribution to income for protected areas and heritage sites, through entry fees, permits, concessions, etc. and this can be extended. More widely, tourism can become a force for more sustainable land management in all parts of the world by providing an additional or alternative form of livelihood for farmers and rural communities that is dependent on well-maintained natural resources.

Health, safety and security

In recent years, uncertainty about the health and safety of travel and of certain destinations has caused significant fluctuations in tourism flows. Although this may be a short term phenomenon and recovery is often fast, it should be regarded as a global issue for the sustainability of tourism. There are policy implications for image, for management of information, and for specific measures to improve the safety and security of tourists.

1.6 Guiding principles and approaches

The development and implementation of policies for sustainable tourism should be based on a number of overarching principles and approaches. Some of these are inherent to the principles of sustainability while others have been identified over time by those working in the field. Guiding concepts and principles are presented below.

Setting the course

Taking a holistic view

Planning and development of tourism should not take place in isolation. Tourism should be considered as part of the sustainable development of communities, alongside other activities. Its impact on other sectors, in terms of competing resource use and mutual support, should be considered. Over-dependency of an economy and society on tourism should be avoided. A holistic approach is also about taking account of all impacts and relationships within the tourism sector itself, and considering how all public policies may affect or be affected by tourism.

Pursuing multi-stakeholder engagement

Sustainable tourism is about local control, but also about working together. All those implicated by tourism should have an opportunity to influence its development and management. This may involve formal partnerships or looser arrangements, as well as strengthening and utilizing local democratic structures.

Planning for the long term

Short term approaches should be avoided and the long-term view encouraged, with resources committed accordingly. Where possible, actions should be self-sustaining. Projects that are structured around short term inputs and finance must take account of how initiatives, once started, can be maintained into the future.
Addressing global and local impacts

Impacts on the local environment and communities are often apparent. It can therefore be easier to gain support for policies that address these local impacts rather than for policies that address global issues. However, the sustainable development of tourism should pay equal attention to global impacts, especially with respect to pollution from tourism (such as greenhouse gas emissions) and the use of non-renewable resources. Such global impacts also have a direct effect on tourism itself (e.g. climate change).

Promoting sustainable consumption

Sustainability is not just about the supply side. Equal consideration should be given to influencing the pattern and impact of consumption. This means influencing the volume and nature of tourism demand, the choices made by tourists (such as products selected and mode of travel), and their activities and behavior.

Equating sustainability and quality

It should be increasingly accepted that a quality tourism destination or product is one that addresses the full range of sustainability issues rather than simply concentrating on visitor satisfaction. Indeed, tourists should themselves be encouraged to think in these terms—a place that cares for the environment and its workforce is more likely also to care for them.

Developing the approach

Reflecting all impacts in costs – polluter pays principle

Under the polluter pays principle it is the perpetrator of environmental impacts who bears the responsibility for costs incurred which, where possible, should be reflected on financial costs. This principle has strong implications both for policies and for the use of economic instruments to influence consumption and pollution. In tourism it has implications, for example, for charges for activities such as transport, admission to sites and waste disposal.

Minimizing risk taking – precautionary principle

Careful risk assessment is an important component of sustainable tourism development. Where there is limited evidence about the possible impact of a development or action, a cautious approach should be adopted. The precautionary principle means putting in place measures to avoid damage before it occurs rather than trying to repair it afterwards.

Taking a life cycle perspective

Life-cycle assessment means taking full account of impacts over the entire life of a product or service, including initial resources used, siting and design, development and construction, all inputs to its operation, and disposal and after-use implications.

Considering functional alternatives

Consideration should be given to whether the same function can be performed and the same result achieved by doing things in a way that has more positive and less negative impacts on resources. For example, in a strategy to improve visitor satisfaction by adding further recreational opportunities, preference should be given to those options that bring the least environmental and social impacts and the highest economic returns.

Respecting limits

The readiness and ability to limit the amount of tourism development or the volume of tourist flows in a destination or site are central to the concept of sustainable tourism. Limiting factors may be ecological resilience, resource capacity, community concerns, visitor satisfaction, etc. These factors should be taken into account in setting limits that are respected by all concerned.

Ensuring ongoing progress

Adapting to changing conditions

Adaptive response and management is an important aspect of sustainable development. Tourism is sensitive to external conditions in terms of its performance and the level of its impact. Global threats, such as climate change and terrorism need to be considered in planning for future tourism and in introducing risk management policies.
Undertaking continuous monitoring using indicators

Sound management of tourism requires readily available evidence of changes in impact over time, so that adjustments to policies and actions can be made. Indicators that relate to sustainability aims and objectives should be established to monitor the condition, performance and impact of tourism. Cost effective monitoring programmes should be put in place.

1.7 An agenda for sustainable tourism

Consideration of the general concept of sustainable development, the special position of tourism and the agreements reached at international fora, helps to set an agenda for more sustainable tourism. This agenda needs to embrace two, interrelated, elements of the sustainability of tourism:

• the ability of tourism to continue as an activity in the future, ensuring that the conditions are right for this; and
• the ability of society and the environment to absorb and benefit from the impacts of tourism in a sustainable way.

Based on this, an agenda for sustainable tourism can be articulated as a set of twelve aims that address economic, social and environmental impacts. The agenda formulated in this way can then be used as a framework to develop policies for more sustainable tourism that recognize the two directions in which tourism policy can exert an influence:

• minimizing the negative impacts of tourism on society and the environment; and
• maximizing tourism’s positive and creative contribution to local economies, the conservation of natural and cultural heritage, and the quality of life of hosts and visitors.

The twelve aims for an agenda for sustainable tourism are:

1. Economic Viability: to ensure the viability and competitiveness of tourism destinations and enterprises, so that they are able to continue to prosper and deliver benefits in the long term.
2. Local Prosperity: to maximize the contribution of tourism to the economic prosperity of the host destination, including the proportion of visitor spending that is retained locally.
3. Employment Quality: to strengthen the number and quality of local jobs created and supported by tourism, including the level of pay, conditions of service and availability to all without discrimination by gender, race, disability or in other ways.
4. Social Equity: to seek a widespread and fair distribution of economic and social benefits from tourism throughout the recipient community, including improving opportunities, income and services available to the poor.
5. Visitor Fulfillment: to provide a safe, satisfying and fulfilling experience for visitors, available to all without discrimination by gender, race, disability or in other ways.
6. Local Control: to engage and empower local communities in planning and decision making about the management and future development of tourism in their area, in consultation with other stakeholders.
7. Community Wellbeing: to maintain and strengthen the quality of life in local communities, including social structures and access to resources, amenities and life support systems, avoiding any form of social degradation or exploitation.
8. Cultural Richness: to respect and enhance the historic heritage, authentic culture, traditions and distinctiveness of host communities.
9. Physical Integrity: to maintain and enhance the quality of landscapes, both urban and rural, and avoid the physical and visual degradation of the environment.
10. Biological Diversity: to support the conservation of natural areas, habitats and wildlife, and minimize damage to them.
11. Resource Efficiency: to minimize the use of scarce and non-renewable resources in the development and operation of tourism facilities and services.
12. Environmental Purity: to minimize the pollution of air, water and land and the generation of waste by tourism enterprises and visitors.

The order in which these twelve aims are listed does not imply any order of priority. Each one is equally important. Many of the aims relate to a combination of environmental, economic and social issues and impacts, as illustrated by Figure 1.1 and by the examples below:

• Economic viability of tourism depends strongly on maintaining the quality of the local environment.
• Visitor fulfillment is about meeting visitors’ needs and providing opportunities (a social aim), but is also very important for economic sustainability.
• Cultural richness is often considered to be in the social sphere of sustainability, but it has a strong bearing on environmental aspects in terms of the built environment and cultural dimensions of society’s interaction with nature.

• Community wellbeing, which can be seen mainly as a social aim, is strongly related to environmental resource management, for example with respect to access to fresh water.

• Employment quality and social equity issues, such as poverty alleviation, relate closely to both economic and social sustainability issues.

**Figure 1.1: Relationship between the 12 aims and the pillars of sustainability**
1.8 Governments, the market and the industry’s view

Governments should recognize that interest in the sustainability of tourism is growing amongst many private sector enterprises and within visitor markets. They should take account of this when seeking to persuade the tourism industry to take sustainability more seriously, pointing out the advantages for attracting new business and the overall profitability of a more sustainable approach.

Understanding tourists’ attitudes — more than a niche market response

Governments need to understand what is important to tourists if they are to influence their behavior effectively. It has been suggested that tourists are not generally interested in the sustainability of the trips they take, and that this is a major constraint on the pursuit of more sustainable tourism. However, the interpretation of tourist response depends on the nature of the questions asked.

For example, although studies of the ecotourism market (e.g. those carried out by the WTO) have concluded that this is indeed a small (albeit growing) niche market, such surveys attempted specifically to identify tourists and tour operators that were looking for, or selling, special interest holidays involving nature observation and concern for conservation as a primary motivation for the trip. Wider surveys that have attempted to assess the degree to which general consumers are interested in the interrelationship between their activities as tourists and the environment and host communities (rather than their response to the concept of sustainability as a whole) suggest a far wider relevance in the market place. They point to:

• Very high levels of concern for environment and society in destinations, where the issue is likely to directly affect the tourist’s own wellbeing (e.g. cleanliness of the water and levels of safety).
• High and growing levels of interest by tourists in visiting natural and cultural sites during their holidays, and the authenticity and educational value of such experiences. This applies to general holidaymakers as well as to those with a specialist interest.
• Large numbers of tourists expressing concern about the impact of their travelling, both through their own actions and in their choice of tour operator or service provider.
• Considerable willingness to pay more to support local environments and communities.

Despite this positive feedback, it is important to be realistic about the balance of influences on holiday choice. Visitor surveys and practical experience suggest that overall perceived attractiveness of a destination, climate, convenience, quality of facilities, and price still far outweigh concerns for the impact of travel. However, the latter concerns do make a difference to holiday choices if the former factors are considered equal. It also appears that tourists are more likely to be concerned about impacts on the local environment and the quality of life of their hosts than about global issues. Finally, there is less evidence that tourists have actually taken actions to change their travel and consumption patterns, despite their expressed concern and interest.

The challenge therefore remains to provide more leadership, incentives and information to ensure a genuine response. In line with the broad approach advocated in this Guide, the strategy should be to encourage all tourists to be more aware of the impacts of their travelling and be more interested and concerned about host populations, rather than to try to seek out the ‘sustainable tourist’.

Corporate Social Responsibility in the tourism sector

There is a general trend amongst private sector businesses to recognize their responsibilities to society beyond their traditional functions of generating wealth and profit. Governments can use this growing awareness when developing industry-related policies and activities and as a lever to achieve industry involvement and buy-in.

In companies, the concept of Corporate Social Responsibility (CSR) means adopting transparent business practices that are based on ethical values. It has started to gain ground and many companies already include social and environmental commitments in their core mission statements. Some adopt triple bottom line reporting, whereby social and environmental results are measured and reported next to financial results.

In the tourism sector, some companies now have an environmental management system and have established foundations or other mechanisms for supporting social and environmental projects in the communities in which they operate.

Tour operators have been quite active in embracing sustainability principles in the design of tour Programmes, selection of suppliers, work with local communities, and information for tourists, but this has applied mainly to smaller, specialist operators. Networks of operators committed to this approach exist in France, Germany, the Netherlands and some other countries.
The response of small independent service providers is difficult to determine. Their reaction to issues such as environmental management often depends on the personal interest of the proprietor. The proportion of individual accommodation enterprises participating in eco-labelling (certification) is only between 1 and 10 per cent of the total of enterprises in countries where labelling exists. Nevertheless, there are some really excellent examples of individual enterprises supporting local environment and community projects. Governments can play a crucial role in stimulating widespread recognition and response across the industry.

1.9 The crucial role of government

Governments have a crucial role to play in the development and management of tourism and in making it more sustainable. The level of government engagement in tourism varies considerably across the world. Contacts with governments on sustainability nevertheless reveal that most are, at least nominally, seeking to pursue sustainable tourism. This applies equally to developed and developing countries, though the emphasis may be different. In developing countries, interest in sustainable tourism is more likely to be linked to poverty alleviation and the funding of conservation; in the developed world, issues of rejuvenation and visitor management are more prominent.

Whatever the motivation of governments, their role relates only partly to their own actions. Tourism is primarily an activity carried out by private sector enterprises, and it is their actions, together with those of tourists, that are responsible for most impacts, positive and negative. A primary function of government in fostering more sustainable tourism is therefore to create an environment that enables or influences the private sector to operate more sustainably, and influences patterns of visitor flows and behavior so as to maximize the benefits and minimize the negative impacts of tourism.

The key reasons for the importance of the role of government are as follows:

- Much of the sustainability agenda is about areas of public rather than private concern. Although the private sector is beginning to recognize its responsibility, it cannot, on its own, be expected to take a lead on these issues.
- In all countries, the tourism sector is fragmented into many thousands of businesses, mainly micro or small enterprises. Collectively their actions can make a difference, while individually they cannot, so coordination is needed.
- Furthermore, very small businesses often need external support and advice if they are to change their operations successfully to meet a new agenda.
- Governments are responsible for many functions that are fundamentally important to the sustainable development of tourism, such as land use planning, labour and environmental regulations, and the provision of infrastructure and social and environmental services.
- Many governments are already actively engaged in supporting tourism through marketing, information services, education and in other ways, often through joint public-private frameworks. These functions need to continue and to be more closely aligned with sustainability objectives.

These arguments and functions are applicable at both national and local government levels.

In many countries, many of the objectives and actions that governments are pursuing can be said to be in line with sustainability, and there is considerable recent interest in relating tourism policies to wider sustainable development or poverty reduction strategies. However, as has already been pointed out, the understanding of what the sustainable development of tourism entails, and even the terminology, is not consistent between governments. A more systematic approach to link sustainability aims and principles to policies and tools is needed.
Policy Implications of a Sustainable Tourism Agenda

The previous chapter presented twelve aims for sustainable tourism. In this chapter, the aims are used to identify policy areas to be addressed so that specific policies and actions to meet the aims can be formulated. The focus is on policy areas rather than on specific policies as it is governments and their partners who will develop the actual policies appropriate to local circumstances.

All of the policy areas identified relate to the overall performance and impact of tourism and are therefore areas in which both national and local governments and other stakeholders are, or should be, interested. In many cases, actions on the ground will be taken by the private sector. The role of government is to develop and implement policies that create an enabling environment, encouraging such actions and influencing them towards sustainability.
2.1 Economic Viability

To ensure the viability and competitiveness of tourism destinations and enterprises, so that they are able to continue to prosper and deliver benefits in the long term

Successful tourism businesses are vital if the sector is to deliver tangible benefits to host populations. Despite growing global tourism markets, many enterprises struggle and there is a considerable rate of business turnover in the sector. Many of the businesses may be micro, small and medium-sized enterprises (MSMEs) with limited skills and market access. There are also numerous examples around the world, especially in developing countries, of projects aiming at delivering sustainable tourism products (sometimes initiated or supported by NGOs or donors) that fail through lack of good, long term business assessment and planning.

Policy areas to address:

Understanding the market

The viability of tourism destinations and individual enterprises depends on an ability to identify markets that will continue to deliver business in the long term; to understand what potential consumers are looking for; and to adapt to trends and changes in source market conditions, travel patterns and tastes. This requires effective and ongoing market research to guide tourism development in the destination as a whole, and realistic market assessment for individual project proposals.

Delivering visitor satisfaction

Long-term viability needs satisfied visitors who return and who recommend others to visit. This means delivering an experience that meets or exceeds expectations. It requires:

- An emphasis on the quality of every component of the visitor experience, including mechanisms for checking, identifying and improving it.
- Attention to value for money and the overall competitiveness of the destination.
- Obtaining regular feedback from visitors.

Maintaining good trading conditions

A number of factors need to be in place if trading is to be carried out successfully and tourism enterprises are to remain viable. These include:

- An enterprise culture and a stable business climate. There should, therefore, be no unnecessary regulatory burdens on enterprises or administrative inefficiency, and the taxation system must be fair. A stable and supportive political climate is a prerequisite for economic sustainability.
- Effective market access and promotion. Enterprises must be able to maintain cost effective ways of communicating with markets, directly or through intermediaries. For small, individual enterprises, this is often a significant challenge which can be eased through working in partnership and through channels developed at destination level. Opportunities include adapting to new forms of market access and making the best possible use of information technology.
- A reliable labor supply. In many parts of the world, staff recruitment has proved to be a considerable problem for tourism enterprises. This may be addressed by policies relating to employment quality.
- Good accessibility. Reasonably swift and inexpensive access to markets is often a key determinant of the viability of tourism enterprises. This is a particular issue in many developing countries where road access may be poor and other transport options limited, and where the cost and convenience of air services. Is a primary determining factor for a destination’s competitiveness. The requirement for accessibility may be in conflict with the need to minimize environmental pollution from tourism transport and a balance will need to be struck. Other aspects of accessibility, such as telecommunications, are also key factors in some developing countries.
- Maintaining and projecting an attractive destination
- The viability of individual enterprises is also considerably affected by how the destination as a whole is perceived by visitors. Three critical aspects of this are:
- A positive and consistent image. Effective destination branding, promotion of the brand and the ability to ensure that the nature and quality of experience match the brand image have become principal concerns of many tourism destinations in recent years. Media management is an important part of this.
- Safety and security. Viable destinations need to be safe and secure, and to be perceived as such. This requires attention to matters such as levels of policing, health care available to visitors, quality of
information available and support services for visitors in need of assistance. Travel advice relating to safety, issued by governments in source countries, can have a considerable impact on the performance of the tourism economy in recipient countries.

- Overall environmental quality. The attractiveness of the natural and cultural environment in a destination and the general level of amenity and maintenance are of fundamental importance to the viability of tourism enterprises.
- When asked how the public sector can best support their business, tourism enterprises often suggest that a highest priority should be given to maintaining an attractive environment. As already pointed out, the importance of the environment to the economic sustainability of the industry is a particular feature of tourism.

**Delivering business support**

Enterprise viability can be underpinned by policies on business services, such as training or advice in management and marketing skills. It is important that these are tailored to needs. A particular requirement for long-term economic sustainability is to avoid a culture of dependency on financial assistance. Funding schemes should be designed to help businesses and projects towards self-sufficiency.

### 2.2 Local Prosperity

**To maximize the contribution of tourism to the economic prosperity of the host destination, including the proportion of visitor spending that is retained locally**

Ensuring that economic benefits are secured at the place where costs are incurred is an important principle of sustainable development. As local communities have to meet a number of external costs associated with tourism, it is important that policies seek to maximize the economic returns to the community. This is partly about securing reliable tourism growth, but equally about processes to maximize visitor spending per head and to reduce leakages, as well as developing linkages in the local economy. The fact that tourists, and the enterprises that serve them, make a very large number of purchases from a range of suppliers (tour operators, food producers, transport services, guides, etc.) means that there are often many opportunities to strengthen the level of income retained locally.

Local prosperity means ensuring that tourism is well integrated within the economy and is developed alongside other sectors. It is also important to avoid over-dependency on tourism, while ensuring that it can provide a consistent and reliable source of income.

**Policy areas to address:**

**Reducing leakages**

Leakages can occur through the repatriation of profits by external investors or owners; by purchases made by tourists outside the destination (i.e. from international tour operators); and by purchases by tourists and enterprises of imported goods.

Second round leakages may occur if income earned within a community is spent outside of it. Policies may seek to:

- Support locally owned businesses. When businesses are locally owned, a higher proportion of profits is likely to be retained within the community. In many areas, locally owned businesses are likely to be MSMEs, and policies in support of them may point to capacity building and financial support programmes specifically related to their needs. This should be weighed against the advantages that external or multinational business may bring in terms of investment, skills, employment generation, etc.

- Ensure that a fair proportion of total travel expenditure is received locally. International tour operators have a very important role to play in the effective promotion of tourism and in reaching new markets, but they should not take an undue proportion of total visitor spending. The Internet has provided new opportunities for direct contact and booking, enabling a higher percentage of holiday spending to be retained locally. In the face of this, international tour operators will need to actively demonstrate the added value they can offer in terms of market access, creative programmes and visitor assurance.

- Encourage employment of local labour. This can have a significant effect on local prosperity. It has further policy implications relating to nurturing and facilitating a local labour supply, such as the local provision of education and training, transport to work, etc. (see Aim 2.3).

**Strengthening links between businesses**
Strengthening links between businesses means addressing the local supply chain. Policies may seek to:

- Encourage and facilitate local sourcing of supplies. Tour operators should be encouraged to use locally based service providers and products that are most likely to benefit local communities. Service providers should be encouraged to undertake an audit of sources used (such as food producers) and to seek to maximize the proportion of local suppliers. Using local products can greatly enhance the authenticity of the tourist offer and the multiplier effect of tourism in local economies. Achieving a consistent supply of high quality local goods can be a challenge, but is necessary to reduce the need for imported goods and thus reduce leakages. This can be facilitated by the creation of wholesale markets or consortia.

- Encourage clusters and networking of businesses. This means getting businesses to work more closely together, thereby achieving more for themselves and for the local community. It can be achieved through planning policies that encourage geographical clustering and through capacity building or marketing to support trade associations. Networks may be formed between similar service providers, for mutual support and cost and benefit sharing; between providers of different kinds of tourism service, to strengthen packaging of offers; and between enterprises in different sectors (e.g. between accommodation operators and suppliers of food or handicrafts), to strengthen the supply chain.

- Recognize the needs of multiple occupations, including tourism. Many parts of the world have a tradition of local people being involved in a variety of different occupations at the same time, either as employees or running a number of businesses together, sometimes on the same land holding. This can fit well with the seasonal nature of tourism. Supporting such activity is very much in line with the holistic principles of sustainable development. Policies relating to taxation and business practice should facilitate and not penalize this.

Influencing levels of visitor spending

Local prosperity can be strengthened by demand-side policies, which seek to:

- Attract higher spending markets. Some market segments are more likely than others to spend money within destinations visited.

- Increase length of stay as well as the availability of spending opportunities and visitors’ awareness of them. This can be achieved by promoting longer-stay markets and encouraging existing visitors to stay longer, at the time or on return visits. It may involve seeking an optimum level of attractions, events and other activities and outlets to retain visitor interest. Extending the opening hours of attractions can also make a difference. The provision of effective local information services can increase visitors’ awareness of places to visit and things to do, thereby raising the level of spending.

- Promote the purchasing of local products. This means strengthening the whole retailing process as well as the quality, price, distribution and display of local products such as food, drink and handicrafts.

2.3 Employment Quality

To strengthen the number and quality of local jobs created and supported by tourism, including the level of pay, conditions of service and availability to all without discrimination by gender, race, disability or in other ways

Providing employment is one of the major ways in which tourism can contribute to the quality of life in host communities. However, in spite of the importance of human resources in tourism and the sector’s contribution to the global economy, tourism jobs are often quite low paid, with poor conditions and little security of employment. This is partly due to the fragmentation of the sector which is characterized by seasonal, part-time and often family-based employment, but also to the view that service industry jobs are non-professional or casual work. There is a very high turnover of workers in some sectors of the industry. Improved conditions for workers can lead to better performance, increased staff retention, and greater efficiency and productivity. The resulting change in staff-customer relationships can lead to greater satisfaction with the overall holiday experience.

Policy areas to address:

Increasing employment opportunities and the proportion of year round, full-time jobs

High priority should be given to the creation of jobs that are stable, permanent and full-time, and that provide fair salaries and benefits. One of the main reasons why the tourism sector fails to deliver quality employment is the significant seasonal nature of demand in many destinations. This calls for clear policies to extend the season through measures such as: targeting markets most likely to travel in the off-season;
discounted seasonal offers; organizing events at less busy times of the year; encouraging attractions to stay open longer; and seeking to influence the root causes of seasonality, such as the timing of the school year.

Where year-round full-time employment cannot be achieved, alternative solutions may prove possible. For instance, working hours could be adapted to suit seasonal patterns while maintaining benefits, or seasonal workers could be ensured jobs with the same employers each season.

**Ensuring and enforcing labour regulations**

At a minimum, the International Labour Organization’s (ILO) ‘core labour standards’ should be observed in all countries, irrespective of their level of development. These standards, which reflect basic human rights, stipulate: the right of workers to associate and to bargain collectively; the prohibition of forced labour and of exploitative child labour; and non-discrimination in employment.

Equity issues associated with sustainable development suggest that good employment practice goes beyond these core standards, promoting economic and social welfare, and leading to the improvement of living standards and the satisfaction of basic needs. A set of principles, reflecting such good practice, and based on the ILO’s Tripartite Declaration of Principles, is given in Box 2.1.

It is important to set labour standards that can be realistically attained by both domestic and international operators, providing a level playing field between them and ensuring maximum compliance by everyone.

**Encouraging enterprises to provide skills training programmes and career advancement**

A high quality, loyal labour force is a great asset to an enterprise and to the reputation of a destination. This can be achieved through investment in skill development and vocational training, and reinforced by occupational development and opportunities for promotion and advancement. Policies should be concerned
with:
- Influencing enterprises to provide training, e.g. through incentives.
- Establishing publicly driven and supported human resource development and training programmes, in local destinations or for groups of enterprises.
- Working with national technical and vocational schools to improve their standards and outreach.

**Concern for the wellbeing of workers who lose their jobs**

The tourism sector is particularly vulnerable to many kinds of crisis - including disease, natural disasters, war and terrorism - that can occur without warning and have an immediate effect. Many workers including, but not only, the high numbers of part-time or casual workers may have no right to benefit or support when jobs are withdrawn.

This could be overcome by introducing contracts that require adequate provision for advance notice of termination of employment, severance pay, etc. Government policy on social security support for people made redundant is also relevant here.

### 2.4 Social Equity

*To seek a widespread and fair distribution of economic and social benefits from tourism throughout the recipient community, including improving opportunities, income and services available to the poor*

Tourism policies concerned with social equity should seek to benefit disadvantaged people by delivering economic and social benefits to them. A particular focus should be on tackling poverty, an aim that is given clear prominence in international declarations and related agendas for sustainable development. However, policies should also address a wider constituency and aim to improve the circumstances of those who have been historically disadvantaged or who have limited access to power. For example, in many developing countries, indigenous and traditional communities can be said to be historically disadvantaged, and there is often a need to improve the position of women and the income earning options open to them. Social equity is also an issue in developed countries, an example being the need to provide opportunities for unemployed urban youth.

There are many reasons why tourism is well placed to reach disadvantaged people, mainly because it is a labour intensive service industry with relatively low entry barriers and an activity that takes place in situ within communities. In addition to bringing income, the interaction it entails between people can bolster dignity and self-esteem.

**Policy areas to address:**

**Developing income earning opportunities for disadvantaged people**

Policies relating to local prosperity and employment quality are relevant here, but should be more focused and extended when seeking especially to benefit disadvantaged people. Areas of action include:
- Encouraging employment practices that provide opportunities for disadvantaged people. Factors that can have a positive effect include locating new enterprises closer to poor areas; providing education and training that is relevant and accessible to disadvantaged people in such areas; and adopting open recruitment policies.
- Engaging disadvantaged people more directly in the supply of goods and services.
  - This means encouraging tourism enterprises to pay particular attention to the nature of their sources, and to work with poor communities (e.g. marginal farming communities) on developing reliable supply streams for the tourism industry.
- Bringing more benefit to the informal economy from tourism. Disadvantaged people often gain access to visitors and seek to earn income from them through activities such as street trading, personal guiding services or providing simple accommodation, etc. This can be strengthened through capacity building, attention to quality, licensing, better information for tourists, etc.
- Supporting the development of enterprises by disadvantaged people. This requires policies to encourage the development of small, individual or community-owned tourism businesses within disadvantaged communities. There are many good examples of joint ventures between private operators and disadvantaged communities; policies should seek to provide the right conditions for such ventures.

**Utilizing income from tourism to support social programmes**

Income from tourism can be used to tackle social issues and benefit disadvantaged people indirectly,
whether or not they are themselves engaged in the sector. This can involve development of pools of
funding that can then be directed towards social and community schemes, such as education, health and
social welfare. Funds can be raised by:

- Taxation or compulsory levies or charges on tourists or tourism enterprises.
- Voluntary giving and sponsorship by tourists or by tourism enterprises, including help in kind.

Investment in tourism in a destination area can result in the provision of additional services, such as water,
electricity and health care, which can be of particular benefit to disadvantaged communities.

2.5 Visitor Fulfilment

To provide a safe, satisfying and fulfilling experience for visitors, available to all without
discrimination by gender, race, disability or in other ways

The social dimension and equity principles associated with sustainable development should apply to
tourists as well as to the host population. The great recreational and educational benefits brought by tourism
should be respected and made as widely available as possible without discrimination. This implies viewing
visitor satisfaction and fulfilment as an aim in its own right, rather than simply as a means to economic
benefit. It is also about the responsibilities that destinations have towards the wellbeing of their guests.

Policy areas to address:

- **Improving access for all**
  Improving access for all means ensuring that tourism facilities and infrastructure are accessible and usable
  by people with disabilities. It should be borne in mind that, in most countries, a large part of the population
  is affected in some way by disability—for instance having a disabled person within the family group.
  Consideration needs to be given both to those with physical disabilities, including wheelchair users, and to
  those with sensory and learning difficulties. Good physical access can also benefit other categories, such as
  families with small children. Issues to address include the design and layout of buildings and sites, access
to public transport, and the provision of effective information to such groups.

- **Providing holiday opportunities for the economically and socially disadvantaged**
  Low income or other social disadvantages affect many people’s ability to take holidays. Policy in this area
  should aim to provide people with opportunities to take inexpensive holidays. This may be particularly
  relevant when seeking to provide recreational and vacation opportunities for the domestic population in
developing countries. Policies could address pricing, including differential pricing for disadvantaged
groups. People without cars are also often disadvantaged where tourism facilities are not accessible by
public transport.

- **Maintaining a duty of care to visitors**
  Duty of care to visitors means being concerned for their safety and security in the destination and in
  enterprises. Issues include fire prevention, health and hygiene, awareness raising, prevention and
  preparedness for disasters (natural and industrial) adaptation to the effects of natural hazards and protection
  from crime and terrorism. Ensuring accuracy of marketing and information and avoiding misleading and
  false descriptions are other important aspects. There should also be clear procedures for registering and
  handling visitors’ complaints and for solving problems that they encounter such as loss of possessions or
  the need for emergency medical attention.

- **Monitoring and addressing visitor satisfaction and the quality of experience**
  Policies that seek to promote quality and to monitor and deliver visitor satisfaction in general are relevant
to this aim. This includes maintaining a regular survey of visitors to destinations and encouraging
enterprises to obtain feedback from their guests.

Although tourists’ motivations for travel vary, particular attention should be paid to encouraging and
enabling them to learn about and appreciate the cultures and environments they visit. This is an important
part of meeting the aim of visitor fulfilment; it also assists in meeting other aims relating to social and
environmental impact within the host destination.

2.6 Local Control

To engage and empower local communities in planning and decision making about the
management and future development of tourism in their area, in consultation with other stakeholders

Giving people responsibility and control over their lives is a fundamental principle of sustainable development. Moreover, tourism projects that engage local communities directly in their planning and implementation are much more likely to be successful in delivering local benefits and to be sustained over time. Policy in this area is not, however, just about engagement through consultation processes; it is also about empowering communities to influence decisions about the developments and activities that will affect their future while enabling the needs of other legitimate interests to be taken into account.

Policy areas to address:

**Ensuring appropriate engagement and empowerment of local communities**

Given the widely differing social structures and forms of governance around the world, it is difficult to be prescriptive about ensuring appropriate engagement and empowerment. However, in principle, decisions should be made about tourism development at the lowest appropriate level of governance. Where it is appropriate to make decisions centrally, the local stakeholders affected should be consulted and encouraged to participate.

It is important to:

- Fully engage the local community in the development of tourism policies and plans. This should involve local government institutions and there should be a process of wider consultation and participation for the community and other stakeholders. Community engagement structures and processes are discussed further in Chapter 3.
- Empower local communities to influence decisions on tourism development in their area. This covers both the ongoing direction of tourism and determination of individual development proposals. In some countries it may be achieved through democratic development control systems that are within the land use planning process and which involve decisions made by local elected representatives, based on evidence obtained from all of those likely to be affected by a project.

**Improving the conditions for effective local decision making**

An important aspect of local empowerment is to provide the skills and knowledge that people need to participate effectively in decision making at the local level.

Policies in this area should aim to:

- Strengthen the capacity of local governance bodies and improve their knowledge of tourism and its sustainability.
- Raise public awareness of the ways in which tourism can affect communities.
- Involve communities in the development and maintenance of a system of indicators for sustainable tourism.
- Ensure that objective and transparent information on proposed new developments is available locally.

**Addressing the specific position of indigenous and traditional communities with respect to local control**

In many developing countries, indigenous communities are in a unique and often vulnerable position with respect to the potential impact of tourism on their culture and livelihoods. It is important to empower indigenous communities and to engage them in decision making processes. Local control can be enhanced by:

- Respect and recognition of traditional tribal empowerment, backing this up with legal empowerment.
- Guaranteeing the individual and collective rights of indigenous people regarding the land that they occupy. This allows them to control tourism within their lands and to negotiate.
- Respect for indigenous people’s beliefs and traditions and consulting with them on how to portray their culture to tourists.

### 2.7 Community Wellbeing

To maintain and strengthen the quality of life in local communities, including social structures and access to resources, amenities and life support systems, avoiding any form of social or environmental degradation or exploitation
Tourism can impact the social wellbeing of communities in many ways, both positively and negatively. As well as providing jobs, the additional investment and spending brought by tourism can support a wide variety of amenities that add to the quality of local people’s lives. These include essential services such as water and energy, roads and transport services, health services, shops, garages, leisure and entertainment facilities, and outdoor amenities. Conversely, the presence of visitors can put pressure on facilities and services, adding to the cost of their provision and maintenance, reducing the enjoyment of them by local people and making access to them difficult or even impossible. Tourism developments and activity also sometimes interfere with other sources of livelihood and disrupt access to them.

Tourism can be socially disruptive in other ways. It may stimulate an abnormal rise in house and land prices and in the general cost of living. Visitors may cause noise and general disturbance, leave litter and on occasion may be the source of crime. Forms of behavior that may be alien to host communities can lead to unacceptable social practices amongst tourists and local people, such as an increase in prostitution and drug use. Child sex tourism, which is a clear violation of human rights, is of considerable global concern and is the subject of an international campaign for its eradication.

Policy areas to address:

**Getting the balance right in the volume, timing and location of visits**

The difference between a negative and a positive community reaction to tourism depends to a significant extent on the volume of visitors in an area at any one time and how this relates to the size of the local population. It may also be affected by the degree of concentration or geographical spread. The concept of the social carrying capacity of a destination is relevant here, and policies should maintain an optimum number of visitors. This can be done by keeping abreast of community reactions and using appropriate indicators such as volume of visits, traffic counts, number of complaints from local people, level of litter, etc.

**Reducing congestion**

Congestion, especially at peak times, caused by the volume of visitors and/or their vehicles, can be a primary threat to community wellbeing. It can be addressed by visitor management policies and actions including:

- Managing demand and reducing seasonality by marketing and pricing techniques to promote off-season visits, or by promoting alternative locations to spread visits within and outside of the destination.
- Improving traffic management through physical changes, signage, information, and promotion of alternative transport options.
- Addressing specific types of activity that may bring large influxes of visitors at certain times (e.g. management of cruise ship arrivals).

**Careful planning and management of tourism enterprises and infrastructure**

Forward thinking in the layout and design of tourist destinations and in the provision of services can make a significant difference to the impact on communities. Relevant approaches include:

- Planning the scale, design and siting of new tourism development, to take account of the overall amenity of the destination and the location of residential areas and other activities within the community.
- Planning the development of infrastructure, including transport, water and energy supplies, which should be designed to meet the combined needs of visitors and the community.
- Maximizing the availability of open space and other amenity areas, including beaches, that are accessible for use by residents and visitors.
- Where appropriate, encouraging tourism enterprises and their visitors to minimize water consumption.

**Promoting mutual use of facilities and services by residents and tourists**

Where possible, facilities and amenities developed for tourists should also be made available to members of the local community. In some locations, visitor spending can make the difference in ensuring viability of community services and facilities, such as local shops and village halls. Use of such services by tourists should be encouraged through information, events, etc.

**Influencing the behavior of tourists towards local communities**

Many of the more specific and serious problems faced by communities as a result of tourism are due to behavior of individual tourists or particular groups. This can be influenced through:

- Information, provided before and during the visit, on the nature of the host community, their values and
any particular sensitivities that should be respected.

- Regulating certain aspects of visitor behavior, such as noise and littering.
- Mounting or supporting campaigns, backed by legislation as appropriate, to combat sex tourism and the exploitation of children.
- Maintaining an appropriate level of policing.
- Physical control measures to facilitate good behavior, such as provision of litter bins and information boards in several languages, if necessary.

### 2.8 Cultural Richness

To respect and enhance the historic heritage, authentic culture, traditions and distinctiveness of host communities

Respect for, and understanding of, cultural diversity between nations and peoples is a key principle of sustainable development. Tourism can be a considerable force for the conservation of historic and cultural heritage and can stimulate arts, crafts and other creative activities within communities. By providing a source of income based around local culture, tourism can encourage communities to value their cultural heritage more highly. However, it is important to guard against the falsification and degradation of culture and heritage in the way they are promoted to tourists.

Policy areas to address:

**Ensuring effective management and conservation of cultural and historic heritage sites**

Significant historic and cultural sites are a major component of visitor appeal in many countries. Although such sites are often dependent on visitor income for their management and conservation, many are also suffering from visitor pressure that threatens to damage their fabric and devalue the quality of the visitor experience.

Policies in this area should focus on:

- Conserving historic and cultural heritage features. The level of designation and protection varies between countries. It may need to be extended in many places. Promoting the inclusion of sites on the World Heritage Convention list is appropriate in certain situations.
- Effective visitor management. This can include a range of techniques such as spreading and deflecting demand, physical site management, etc.
- Avoiding or managing intrusive collateral activities. Some sites suffer from intrusion from neighboring urban development, unmanaged trading such as informal trinket stalls or street sellers, etc.
- Securing more money from visitors for conservation. This can be achieved through promoting greater use, management of admission income, provision of well managed retail outlets, encouraging voluntary donations, etc.
- Seeking ways to benefit local communities living close to heritage sites. This can in turn help towards conservation as well as improving local livelihoods.

**Working with communities on the sensitive presentation and promotion of culture and traditions**

Cultural richness can be strengthened and interpreted in a variety of creative ways. Greater respect and understanding for local cultures can be achieved through improved information for guests and hosts and interaction between them. However, in all these activities, sensitivity is required and commodification or devaluing of local culture must be avoided. Policies should focus on:

- Developing interpretative programmes and events based on the heritage and distinctiveness of the area.
- Conceiving creative, sensitive and viable visitor attractions where local culture and traditions can be showcased.
- Incorporating aspects of local cultural heritage and distinctiveness into various elements of visitor experience, such as furnishing in tourism establishments, local cuisine in restaurants, traditional designs in architecture, and art and sculpture in public spaces.
- Capacity building with local communities regarding visitor interpretation and issues of quality and authenticity.
- Capacity building with the private sector to help them and their guests to bridge potential culture gaps.
- Informing tourists about local traditions and local culture before and during the trip.
- Informing local communities about the culture of their potential visitors.
- Guarding against the sale and purchase of items of cultural value as souvenirs.
2.9 Physical Integrity

To maintain and enhance the quality of landscapes, both urban and rural, and avoid physical and visual degradation of the environment

This is about the physical structure of places and their aesthetic quality and appearance. It is an important aim intrinsically from the environmental perspective, as well as affecting the wellbeing of local people. It is also critically important for the long term health of the tourism industry as the physical attractiveness of destinations is a key element of their appeal to visitors.

Land and coastal erosion are particular areas of concern where physical degradation is concerned. They may be caused, for example, by changes in vegetation cover or by marine infrastructure affecting long shore currents. Land degradation can also lead to loss of biodiversity, which is covered more specifically under Aim 2.10.

In relation to visual impacts, most attention in the past has been paid to the quality of rural landscapes and how they affect, and are affected by, tourism. However, there should be equal concern for the integrity and aesthetic quality of built as well as natural environments in rural and urban areas.

Policy areas to address:

Ensuring that new tourism development is appropriate to local environmental conditions

Key to the aim of maintaining physical integrity is having policies and instruments in place at a local level that influence the location and nature of new development.

Attention should be paid not only to the building of tourism facilities, such as accommodation, but also to a wide range of associated infrastructure, such as airports, roads, marinas, and ski tows and slopes. Policies should address in particular:

- The scale and density of new development and the extent of urbanization. In many areas, new structures should be avoided in order to keep the place natural. In some situations, policies relating to tourism development may favour the reuse and regeneration of existing buildings and previously used sites rather than new building on greenfield sites. In some situations, clustering of buildings may be more appropriate than sporadic development.
- The siting of new structures with respect to physical landform, vegetation, and the coherence of existing urban structures. Policies should seek an optimum amount of open space and the retention of tree cover. The height of new structures should be sensitive to urban skylines and to the height of trees. In coastal and lakeside settings it may be necessary to establish set back limits for new building (minimum distance from the high water mark).
- Quality of development and attention to detail. The impact of tourism development depends partly on sympathetic and creative designs, effective landscaping using indigenous species, and use of high quality materials. The design of new buildings should be in harmony with the landscape, and where appropriate reflect traditional designs.
- The robustness of structures and their ability to withstand the effects of climate change and natural disasters.
- The long term future and after use of buildings and sites. Consideration should be given to the life cycle of tourism developments and to policies and resources for maintenance and renewal. For some forms of tourism, such as one-off events or seasonal structures, there may be important issues of after use of sites in the short term.

As well as addressing the nature and location of development, policies and control measures may seek to minimize physical degradation caused by the construction process, including care over site preparation, the extraction of building materials, and the removal and treatment of construction waste (see Aim 2.12).

Minimizing the physical impact of tourist activity

Physical degradation of the environment can result from the actions of tourists. This can arise from all types of tourism but is most specifically associated with certain recreational activities. Particular problems to address include:

- Erosion resulting from over-use of sites. This can be a significant issue with popular hiking trails, especially where surfaces are fragile.
- Damage to marine structures, such as coral reefs, from diving or boating activities.
Environmental degradation caused by dropping of litter.
Willful damage, such as graffiti.

Policies and actions to minimize such impacts include:

- Visitor management measures to reduce pressures and deflect activities to more robust sites.
- Educational activity to change behavior.
- Development of codes of conduct, supported by regulation where necessary.

Maintaining high quality rural and urban landscapes as a tourism resource

As well as influencing tourism development and activities per se, policies should seek to maintain the integrity and attractiveness of tourist destinations, including towns and rural areas, by influencing development and maintenance in general, including:

- Controlling intrusive new development, such as unsightly buildings.
- Controlling activities that will damage landscapes, such as mineral extraction or destruction of forests.
- Maintaining the fabric and facades of properties, especially historic buildings.
- Maintaining traditional rural landscapes and features.
- Minimizing the impact of intrusive structures such as power lines.
- Avoiding the proliferation of advertisements and signing.
- Maintaining the quality of public open spaces.

Maintenance of physical integrity and attractive landscapes may partly be achieved through extending and strengthening protected areas and how they relate to tourism. This is covered in more detail under Aim 2.10. However, the overall aim is relevant to all areas and policies and actions should not be restricted to places with protected status.

2.10 Biological Diversity

To support the conservation of natural areas, habitats and wildlife, and minimize damage to them

This is an area where the positive and negative impacts of tourism can be felt most strongly. The very environments which attract visitors can be the most vulnerable. For instance, the development of coastal zones has led to much loss of habitat and dune destruction. Marine environments, such as coral reefs, have been seriously damaged by over use or poor practice linked to diving operations. Boats and shore-based facilities have also caused extensive damage through physical destruction and pollution. All ecosystems, whether mountains, deserts, rainforests, wetlands or inland waters, have their own special sensitivities which need to be considered when planning for tourism activities. On the other hand, income from tourism has proved to be a critically important component of funding for conservation in many national parks, reserves and other protected areas.

Protection of biodiversity is closely related to the maintenance of physical integrity, covered under Aim 2.9. and a number of the policy areas presented below also support that aim. As with physical integrity, preventing destruction of biodiversity not only by tourism itself but also by other activities can be very important in maintaining the visitor appeal of many rural destinations.

Policy areas to address:

Working with national parks and other protected areas

The designation and management of all types of protected area provide an opportunity to strengthen the protection from the negative impacts of tourism, and to focus on sustainable tourism that increases visitor awareness and support for conservation. In many countries, authorities responsible for national parks and protected areas have taken a strong interest in tourism, seeing it as a source of income, an opportunity for a sustainable livelihood for park-based communities and as an activity that needs careful management. Important policy issues include:

- Extending the coverage of terrestrial and marine protected areas, including buffer zones, as appropriate or as needed. This involves identifying areas that need protection and considering their potential to benefit from sustainable tourism.
- Preparing national guidelines on sustainable tourism in protected areas.
- Establishing structures for joint working on tourism with relevant stakeholders, including preparing sustainable tourism strategies that integrate with park management plans and link to regional and
national strategies.

• Guaranteeing the availability and use of financial resources for park management.
• Optimizing the level and use of park admissions to support a range of objectives, including biodiversity conservation.
• Developing partnership agreements and concession-based relationships with local communities and private sector operators that offer clear benefits to conservation and habitat management, as well as to communities and users.
• Creating networks of protected areas, and their branding for sustainable tourism.

**Promoting development and management of ecotourism**

Ecotourism, by definition, is a form of tourism that entails responsible travel to natural areas which conserves the environment and sustains the well-being of local people. It should therefore be encouraged in the interests of conservation. Governments should:

• Bring together tourism and conservation stakeholders to agree priorities and policies for the development and careful management of ecotourism at a national and local level.
• Ensure that products or new projects that are promoted as ‘ecotourism’ comply with the above definition. This may require application of relevant tools such as certification.
• Encourage well planned and executed ecotourism projects in natural areas, including visitor facilities and interpretation, through technical support, marketing and other appropriate measures.

**Using tourism to encourage landholders to practice sustainable land management**

In many parts of the world, rural landholders (smallholders, farmers or communities engaged in agriculture on communal lands) can earn additional income from tourism, either directly or indirectly. This may involve providing accommodation or other services on the land, income from the sale of produce into the tourism supply chain, or income from engagement in tourism off the land (e.g. acting as guides). Tourism can stimulate more sustainable land management by providing a new income source (as an alternative to unsustainable practices such as logging or slash and burn agriculture) and can encourage landholders to conserve wildlife or produce organic food, as these are valued by visitors. Policies should seek to develop support, advice and other incentives to encourage landholders to manage their land more sustainably.

**Working with private parks and reserves**

Private parks and nature reserves have grown significantly in many countries in recent years. Most are actively involved in tourism and there is an opportunity and need to influence their development and management. Priorities include:

• Ensuring that private parks do not siphon away resources, including tourism income, to the detriment of conservation in public parks.
• Ensuring that private parks maintain high conservation and tourism standards. This may involve developing appropriate legal frameworks.
• Integrating the management of private and public parks into a single biodiversity plan.

**Minimizing damage to natural heritage from tourism**

Careful control of tourism development is particularly important in order to avoid damage in areas of high landscape value or where biodiversity may be especially vulnerable. Guidelines for an agreed development planning process that will deliver such control are set out in the Convention on Biological Diversity.

Policies and actions should also seek to minimize damage to habitats and disturbance of wildlife by visitors. This relates closely to the damage to physical integrity by tourist activity, notably by particular types of recreation, covered under Aim 2.9, and the measures indicated there are relevant.

Policies should also seek to minimize damage and disturbance from visitors. This applies to all tourists, but a particular focus may be required on certain recreational activities such as diving and adventure tourism in sensitive environments. Policy areas include:

• Raising awareness through education and interpretation.
• Visitor management—controlling visitor numbers and behavior (e.g. physical damage, wildlife disturbance, littering).

Policies should also be put in place that prevent tourism from contributing to the threat to endangered species by either stimulating illegal trade in such species or purchasing of souvenirs made from them.

**Raising visitor awareness of biodiversity**

Providing tourists with a better appreciation and understanding of the natural heritage of the places they visit
should help to prevent adverse impacts and encourage support for conservation, as well as enhancing their enjoyment. Policies and actions should support the provision of:

- Good quality guiding, where possible involving local people.
- Interpretative events.
- Visitor centers, where appropriate, containing creative interpretative facilities.
- Relevant information pre-arrival.
- Educational activity amongst local people and potential domestic markets.
- Better knowledge amongst tourism enterprises that they can pass on to their staff and guests.

**Raising support for conservation from visitors and enterprises**

Many tourism enterprises recognize the importance of ongoing conservation activity to the visitor experience; others should be encouraged to do so. Policies could be introduced that encourage enterprises to support biodiversity, through maintaining habitats on their own properties and supporting local conservation initiatives, in cash or kind.

Financial support for conservation activity can also be raised from tourists and is providing an increasingly important source of income. Tourists can also become engaged in practical ways, for example through participating in conservation holidays.

### 2.11 Resource Efficiency

**To minimize the use of scarce and non-renewable resources in the development and operation of tourism facilities and services**

A sustainable future depends on the careful management of resources to ensure their availability for present and future generations. Resources that are non-renewable, in limited supply, or essential for life support are of particular concern. These include land, fresh water, forests, minerals and fossil fuels. Conservation of energy is important, especially where it is derived from non-renewable resources.

Tourism is a significant user of resources in many areas. Ensuring that it uses resources efficiently is important both for the wellbeing of the local environment and host community and in maintaining global resources. Efficient use of resources, notably energy derived from fossil fuels, is also important in the reduction of polluting emissions.

Resource efficiency in tourism will be achieved largely by changing the consumption patterns of tourists and tourism enterprises. Enterprises should be encouraged to establish environmental management systems to minimize impacts and drive a process of continual improvement.

Policy areas to address:

**Taking account of resource supply in the planning of tourism development, and vice versa**

An integrated planning approach is required to ensure an equitable balance between the needs of local communities and the tourism industry. Growth of tourism in an area may be seriously limited by the availability of land, water, energy or other resources. Equally, predicted growth in demand from the tourism sector must be taken into account when planning provision of water and energy supplies.

**Minimizing water consumption by the tourism sector**

Fresh water is a vital resource and consumption of water by the tourism sector is high. In developing countries, it has been found that per capita daily use of water by tourists can be as much as 10 to 15 times greater than by local residents. Much tourism demand occurs in places and at times when water is very scarce, such as in summer in arid coastal regions. In many tourist destinations new sources of water, such as desalination plants, would be difficult to establish, costly and bring their own environmental problems. Policies to minimize water consumption are required and should address:

- Restricting water hungry facilities such as swimming pools, golf courses, and artificial snow cannons.
- Reusing and recycling water where possible, (e.g. use of greywater to irrigate parks and gardens).
- Improving infrastructure and maintenance (e.g. reducing leakages).
- Encouraging installation of water efficient technology such as low-flow showers and toilets.
- Persuading visitors to be responsible in their use of water.

Minimizing consumption of energy from non-renewable resources Policies on energy use should seek to influence both sources of supply and consumption, including:
• Promoting the use of designs and materials for tourism facilities that maximize insulation and the use of natural heat, light and ventilation.
• Providing renewable energy sources in tourist destinations.
• Encouraging individual tourism enterprises to generate their own energy supply, or to supplement it, from renewable sources (such as photovoltaic systems and mini hydro schemes).
• Encouraging use of energy efficient plant and equipment for lighting, water heating, cooking, etc.
• Promoting resource efficient transport options (discussed further under Aim 2.12).
• Persuading visitors to be responsible in their use of energy.

Ensuring the efficient use of land and raw materials in tourism development

In some tourist destinations land may be in short supply. It is therefore important to select sites for tourism development carefully, taking account of alternative uses and the needs of the local community. Although use of local materials can add to quality and distinctiveness, the design and construction of tourism facilities should avoid profligate use of naturally occurring materials such as timber, stone, sand and gravel, and should take account of the capacity of local supply and competing demands.

Promoting a reduce, reuse, recycle mentality

In general, tourism enterprises should be encouraged to be efficient in all their use of materials. This is equally true for their use of resources and generation of waste. These themes are covered under Aim 2.12. Policies should support:
• Purchasing of supplies from sustainable sources. This can be helped by better information on local availability of such sources and ecolabelling schemes for relevant consumer products.
• Minimizing use of unnecessary packaging, for example through economic incentives to return containers such as bottles.
• Encouraging creativity in the reuse of products both within an enterprise or making them available for use in the local community.
• The creation of markets to recycle tourism supplies (paper, glass and plastic in particular).

2.12 Environmental Purity

To minimize the pollution of air, water and land and the generation of waste by tourism enterprises and visitors

Maintaining environmental purity means reducing waste and harmful emissions to the environment in order to preserve the quality of the air, water and land that sustain life, health and biodiversity. Actions should address all aspects of pollution prevention and control throughout the lifecycle of tourism development, during and after the use of facilities, as well as the impacts of tourists themselves.

Although local impacts on the environment, such as local air and water quality, are the most immediately apparent to local communities and to visitors, the tourism industry also has global environmental impacts. Governments need to recognize the responsibilities towards both the global and the local environment that are inherent in maintaining environmental purity. There is a need for a profound change in the way we generate and use energy and in other activities that release greenhouse and other gases into the atmosphere. Global pollution may also impact many local destinations through the consequences of climate change.

As with promoting resource efficiency, waste and pollution control will be achieved largely by changing the consumption patterns of tourists and tourism enterprises. This should be a key component of individual environmental management systems within enterprises.

Policy areas to address:

Promoting the use of more sustainable transport

Transport is one of the most significant sources of environmental pollution resulting from tourism, mainly through air travel and the use of individual private cars. Travel by rail and boat is far less polluting. As well as the global impact of greenhouse gas emissions, emissions and congestion affect the local environment and community.

Policies should seek to:
• Favour low-impact forms of transport. This applies both to journeys to and from the destination, and within it. The latter may be easier to influence. Promotion of walking and cycling provides a particular opportunity in many destinations. This can be facilitated by the provision of appropriate infrastructure, including trails and public transport services, more integrated timetabling, and creative marketing.
• Minimize the number and length of journeys made. Although this would reduce environmental impact, it may also have serious economic consequences for the tourism industry and for local communities dependent on visitors. Policies could seek to encourage longer stays, so that the amount of income gained by the destination per kilometer travelled is increased, and net income is retained.

• Mitigate the consequences of environmental impact from transport. A campaign could be established that invites tourists to offset the impact of their air travel by contributing to carbon sequestration projects.

**Reducing the use of environmentally damaging chemicals**

The tourism industry uses a variety of environmentally harmful chemicals. Environmental damage may be caused, for instance, by the use or disposal of chemicals present in cleaning products, fuel, paints, fungicides and pesticides, or chlorination products for swimming pools. The industry also contributes to depletion of the ozone layer, by releasing CFCs into the atmosphere from cooling systems and air conditioners, foam packaging and insulation, and through careless disposal of refrigerants in end-of-life fridges. Governments should be vigilant in enforcing high standards for the disposal of hazardous waste. Wherever possible, the use of environmentally damaging chemicals should be eliminated through careful purchasing policies.

**Avoiding the discharge of sewage to marine and river environments**

Water is an essential resource for both biological and human communities. It is essential for the tourism industry to place a high priority on reducing, managing and treating wastewater and controlling sewage disposal. The impacts of emissions on the environment are not felt solely at the point of disposal or discharge: pollutants disperse and are borne by flowing water or leach through the soil to join watercourses. Wherever possible, connection should be made to mains sewage disposal systems that are designed to treat and discharge to the highest standards. Governments should provide appropriate infrastructure and legislation concerning connection to the sewerage system. In some locations, alternative technologies such as discharge of sewage to reed beds may be appropriate.

**Minimizing waste and where necessary disposing of it with care**

The tourism industry is a major generator of waste and disposal of non-degradable waste is an important issue, especially in remoter locations. Land can be contaminated through the tipping of waste on landfill sites and landfilled bio-degradable wastes can also release methane into the atmosphere. As well as causing visual intrusion and habitat damage, such wastes can be damaging or life-threatening to wildlife. There should be an emphasis on reducing waste at source and recycling wherever possible. Where disposal is necessary, it should be in accordance with best available practice. This can be helped by governments providing suitable infrastructure and legislation against inappropriate waste disposal.

**Influencing the development of new tourism facilities**

Choices made prior to the development of a new facility can have a profound effect on environmental impact at the time of development, during operation of the facility, and with respect to the after use and long term future of the site. Policies should seek to influence:

- The location of new development. This includes its general location in terms of the overall environmental sensitivity of the area and its setting, for example in relation to the coast or public transport links.
- Design and materials used. These can influence operational impacts such as emissions, treatment and disposal of waste, etc.
- The construction process. Construction should take place with minimum disturbance to the environment. In many areas, especially coastal sites, it has been found that waste and emissions from the construction phase can be more disruptive to the local environment than the operational phase.
This chapter describes structures that help governments to work internally and with other stakeholders to make tourism more sustainable. It also identifies the strategies that are required to develop and drive policies and actions.

Particular attention is paid to the relationship between national and local structures and strategies for sustainable tourism. It is critically important that they are in harmony and that policies and actions at these different levels are complementary.
3.1 Structures for working together

The holistic and equitable principles that underpin sustainable development imply the need to bring together a wide range of stakeholders to develop and manage tourism in a sustainable manner.

In bringing together these different interests, governments must seek to develop structures that have two purposes:

- Engaging stakeholders in the formulation of a strategy and policies for sustainable tourism.
- Ensuring effective coordination of actions and an ongoing dialogue between stakeholders.

In many situations both purposes can be met by the same structures. Permanent structures are required to ensure coordination; additional, temporary, working structures may also be needed in the policy formulation stages.

Structures can be developed in partnership with other stakeholders, to:

- Raise the profile of the sustainable development of tourism, and to ensure that those who can influence it give it their full attention.
- Give a say in the development and management of tourism to those whose interests or areas of responsibility will be affected by its impacts.
- Bring together knowledge and expertise on economic, social and environmental issues that are relevant to tourism.
- Ensure that policies and actions in other sectors or areas of activity that impinge on tourism are coordinated and taken into account, to prevent policy conflicts and enhance synergy.
- Encourage wide commitment of support and resources to a common, agreed programme.

Relationships and coordination structures within government

Many areas of government have responsibility for policies and actions that have a strong bearing on the sustainability of tourism. These are listed in Table 3.1.

The degree of priority given to different aspects of sustainability will depend on which part of government is responsible for tourism. For example, a separate Ministry of Tourism has the advantage of being able to make relevant connections with and between other ministries, but it may not carry much weight overall. Linking tourism to the Ministry of Environment can underpin awareness of environmental sustainability, and reinforce links with national parks or the promotion of nature based tourism. Location within a Trade or Development Ministry may ensure a higher political and budgetary profile, but may also lead to greater emphasis on foreign exchange earnings and less regard for local impacts.

<table>
<thead>
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<th>Table 3.1: Areas of government influencing the sustainability of tourism</th>
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<tr>
<td><strong>Tourism</strong></td>
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<td><strong>Prime Ministerial office</strong></td>
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<td><strong>Finance</strong></td>
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<td><strong>Trade</strong></td>
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<td><strong>Economic Development</strong></td>
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<td><strong>Transport</strong></td>
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<td><strong>Agriculture</strong></td>
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<td><strong>Education</strong></td>
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Irrespective of the location of tourism within government, there are some key requirements if it is to be fully integrated into national sustainable development strategies. These are:

- Tourism should be given a clear, strong voice, with a direct link to top-level cabinet decision makers.
- There should be a formal structure and process for inter-ministerial cooperation on tourism.
- Such relationships should be also reflected within and between lower level public agencies, such as tourist boards and environment agencies.

In addition to these inter-ministerial structures, ministries may collaborate to support or implement specific initiatives. This may take the form of agreements with local government, and can involve collaboration between government agencies. It is helpful if such collaborative structures, agreements and actions are formalized by protocols or memoranda of understanding.

**Structures and mechanisms to engage stakeholders**

A sustainable approach to tourism development requires structures that enable representatives of local authorities and non-governmental interests to become involved in the formulation and implementation of national tourism strategies and policies. Governments should establish and manage such structures.

Traditionally, this has been achieved through government agencies, such as tourist boards, that have private sector representation on their executive committees. While this should be continued, it is important to find ways to widen the process through additional dedicated structures.

Some countries have permanent tourism councils, which are essentially discussion and advisory bodies. These can be valuable mechanisms for promoting the sustainability of tourism, provided that their membership is well balanced to reflect the different dimensions of sustainability.

Ideally what is required is a permanent forum or standing conference based on a large number of invited stakeholders representing different interests, and a smaller body or council, perhaps elected from the above, dealing with more detailed work.

Such a multi-stakeholder structure should represent the following, amongst others:

- Different government departments and agencies representing the areas of government identified above.
- Regional and local authorities.
- Different segments of the tourism industry—hotel associations, tour operator bodies, etc.
- International travel trade.
- The transport sector (all forms).
- Environmental and community-based NGOs.
- Cultural heritage bodies.
- National parks and other protected areas.
- Tourism/recreation user groups.
- Civil society (not in tourism but affected by it).
- Universities and other bodies involved with tourism education and training.
- Trade (labour) unions.

Such a forum and council should be concerned with all aspects of tourism and should focus on sustainability.

To ensure a focus on sustainability, it may be appropriate in some countries, to set up a dedicated inter-agency communication and working group specifically for this purpose. The challenge would be to ensure that the work of such a separate body relates continually and strongly to the mainstream of tourism and is not marginalized.

**Coordination structures at local level**

Structures bringing together tourism, environment, community and wider development interests are also required at the local level. Some or all of the areas and functions of national government listed in Table 3.1 may be reflected within local authorities. To strengthen the sustainability of tourism, mechanisms should
also be established that encourage joined-up thinking and action within local government.

In a number of countries, ‘destination management organizations’ have been established at the local level. These are partnerships between local government and the private sector. Their main responsibility is the management and promotion of tourism; they sometimes also address development aspects. Such organizations should take full account of the social and environmental dimensions of sustainability by ensuring sound representation of local community and environmental interests within their governing bodies.

### 3.2 Integrating national and local level strategies

In order to achieve effective results, policies must be developed and implemented at both national and local levels. Local decision making is an important aspect of sustainable development. All the more so as many countries are in the process of decentralizing their political and administrative structures.

It is increasingly recognized that the most successful route to sustainable tourism is an integrated approach to the development and management of tourism within local destinations. It is at the local level that the tourism industry most readily relates to, and is in turn affected by, environmental and community issues. Box 3.1 gives some useful background information on what is meant by a ‘local destination’.

It is critically important that national and local tourism strategies are complementary. Typically, tourism strategies at these two levels may vary in their focus:

- National tourism strategies relate to national tourism vision; overall position and direction for tourism; overall issues of product-market fit; broad spatial issues of tourism development; fiscal issues; setting standards for the industry; controlling legislation, regulations and other mechanisms; support programmes including financial resources; research, and the acquisition and dissemination of knowledge; a marketing and promotion strategy, especially at international level.
- Local tourism strategies relate to a holistic vision for the local destination; local objectives and priorities; local resource opportunities and constraints; the volume and nature of tourism sought; destination identity and branding; product development including location and relationship to land use plans; local networks and supply chains; infrastructure provision; specific tourist sites and attractions; visitor management; visitor information and destination marketing.

**Box 3.1: Defining a local destination**

According to the WTO’s working group on destination management:

‘A local tourism destination is a physical space in which a visitor spends at least one overnight. It includes tourism products such as support services and attractions, and tourism resources within one day’s return travel time. It has physical and administrative boundaries defining its management, and images and perceptions defining its market competitiveness. Local destinations incorporate various stakeholders often including a host community, and can nest and network to form larger destinations.’

Local destinations may be cities, towns, resorts or rural areas, or groupings of these. A combination of factors determines what may be a functional destination, including:

- Whether the area is coterminous with municipal boundaries or other forms of designation such as a national park.
- Whether it is unified by certain images and intrinsic features and qualities that can contribute to a clearly identifiable brand.
- Whether it is an area towards which local stakeholders feel a natural affinity and within which it is practicable for them to work together.

Put simply, national strategies are more about identifying policies and instruments to create the enabling environment for sustainable tourism, while local strategies are more about determining what happens on the ground. Sustainable tourism requires that both national and local tourism strategies embrace the principles of sustainable development, and that national and local strategies be consistent and mutually reinforcing.

**Local Agenda 21 processes and engaging local communities**

Many local destinations in different parts of the world have developed strategies and policies for tourism...
within the context of Local Agenda 21. This is a process for bringing together the broadest possible range of interests in the local area to integrate global environmental concerns into local plans, to decide what sort of future they want and to then work together towards it. Some destinations have pursued Local Agenda 21 processes, where tourism is seen as just one activity alongside many others. Ideally, it is good to take this holistic approach first and to then develop the sustainable tourism strategy out of this process. In some places, where tourism is dominant, a Local Agenda 21 strategy may be tantamount to a sustainable tourism strategy.

It is also important to recognize that a destination may well be made up of a number of clearly identifiable individual communities. A sustainable tourism approach would call for careful consultation within each community to ascertain local concerns and perceived opportunities with respect to tourism. The amount of emphasis to place on this depends very much on the nature of the destination. In many developing countries, the involvement of indigenous communities in determining tourism development in their area is critically important.
This chapter looks at the process of developing a strategy for sustainable tourism, outlining the main steps in the process and relating them to the objective of making tourism more sustainable. It then looks in more detail at the stage, within this process, of making strategic choices about the level and nature of tourism. The focus in the later sections is on how policy can influence the development of tourism and the behavior of enterprises and consumers (i.e. the tourists) in favour of sustainability. Tools to assist implementation and improve sustainability are also introduced, to be described in detail in the next chapter.
4.1 Developing a sustainable tourism strategy

Developing a strategy for sustainable tourism should be a participatory process that involves a range of stakeholders in order to foster wider adherence to the strategy and commitment to its implementation. The mix of stakeholders involved in developing the strategy should reflect the make up of partnership structures for tourism at a national or local level identified in Chapter 3 (Section 3.1). It is necessary at the outset to secure long term commitment both to the strategy and, crucially, to its implementation.

Three stages can be identified in the formulation of a strategy:

- Analyzing conditions, problems and opportunities.
- Developing policies and action programmes.
- Identifying objectives and making strategic choices

**Analyzing conditions, problems and opportunities**

This first stage involves taking a careful and objective look at the state of tourism in the destination (which may be a country or local area) as well as at the resources on which tourism depends or has impacts, both at present and in the future.

Thought should be given at the outset to aspects and attributes that have a particular bearing on the sustainability of tourism, so that the data gathered and questions asked are appropriate. The 12-point agenda provides guidance on what to include.

Initial indicators (discussed further in Chapter 5) should also be determined to allow baseline measurements to be made and future change to be assessed.

The situation should be analysed using surveys, consultation and technical studies. To assist with analysis, Box 4.1 provides a checklist and suggestion of the information that is most relevant to sustainability issues.

The situation analysis is a first step in identifying a number of key issues for the sustainability of tourism in a given destination, and opportunities for the future - for example: the viability of enterprises, capacity issues, market trends, environmental degradation, or community concerns about future development. It can be useful to capture this in an issues paper that is given wide circulation.

Consultation should be undertaken with a wide range of stakeholders to clarify the issues. Priorities will begin to emerge from this process. Various consultation and communication techniques can be used here, including open meetings, stakeholder workshops and web-based consultation, etc. Involving the local media can be helpful in generating interest.

**Identifying objectives and making choices**

National and local governments should work with stakeholders to agree on a vision and on a broad set of strategic objectives for tourism. These should be based on the analysis set out above and should also reflect closely the 12 aims for sustainable tourism already described.

The vision and strategic objectives must be appropriate to the country or destination and fully embrace concerns for economic, social and environmental sustainability.

Objectives will vary from place to place, but they should always aim to strike a balance in the relative priority given to issues such as alleviating poverty, supporting conservation or reducing negative environmental impact. These broad objectives should be the overarching drivers for tourism policies and actions.

At this stage, a number of strategic choices will need to be made, such as the level and nature of tourism appropriate for the destination, target markets and product selection. This is discussed further in Section 4.2. Other more specific and measurable objectives may be identified reflecting these strategic choices, and may be linked to particular policies and actions.

**Developing policies and action programmes**

This final stage involves development of specific policies and actions that relate to the aims and strategic objectives and that reflect the strategic choices made. Close attention should be paid here to the policy areas identified in Chapter 2. It can be
Box 4.1: Analysing the situation

Research and data collection should cover the following:
- Analysis of past tourism policies and plans, as well as information and policies relating more widely to sustainable development and the environment.
- Analysis of existing relevant research.
- One to one consultation with key stakeholders and people with particular experience and expertise on relevant topics.
- Visitor survey.
- Survey of tourism enterprises.
- Local residents’ opinion—this could be through elected representatives, open meetings, focus groups or household surveys.
- Site inspection, as practical and appropriate.
- Market opinion (e.g. through tour operators) and competitor analysis.

Information of particular relevance to sustainability issues includes:
- The balance of opinion about the level and nature of tourism that is desired and achievable.
- The range of natural and cultural heritage resources, including current state of preservation, level of use, degree of potential tourism interest and sensitivity to future use.
- Economic and social issues in the destination, including contribution of tourism alongside other economic sectors.
- State of the environment, including water and air quality, etc.
- Presence of relevant environmental management processes.
- Employment in tourism and support for this.
- Enterprise performance, outlooks, needs, etc.
- Current visitor flows, market trends and market opportunities.
- Visitor satisfaction, including attitudes to environment and other issues.
- Tourism infrastructure and support services, including transport, water supply, etc., and their capacity.
helpful to consider these policies and actions within a framework of ‘influencing development’, ‘influencing the operation of tourism providers’, and ‘influencing visitors’ (as presented in Sections 4.3–4.5).

Further consultation, including the possibility of establishing technical working groups, may need to be undertaken to develop particular policies and actions.

At this stage the range of instruments that governments can use to implement policies and maximize sustainability should be established or strengthened (see Chapter 5).

An action programme should be established that indicates lead agencies, approximate resources, targets, timescale and associated monitoring. Actions should be implemented by the agencies concerned and progress reported. Results should be measured against the sustainability indicators originally identified, or a modified set of them. Box 4.2 gives an example of good practice.

**Box 4.2: Collaborative structures and strategy development for protected areas**

EUROPARC, The Federation of National and Nature Parks of Europe, has established a Charter for Sustainable Tourism in Protected Areas.

The first requirement of the Charter is that there should be a permanent forum, or equivalent arrangement, between the protected area authority, local municipalities, conservation and community organizations and representatives of the tourism industry. Links with regional and national bodies should be developed and maintained.

The second requirement is for an agreed sustainable tourism strategy and action plan for the protected area. This must be based on careful consultation and be approved and understood by local stakeholders. It should contain:

- A definition of the area to be influenced by the strategy, which may extend outside the protected area.
- An assessment of the area’s natural, historic and cultural heritage, tourism infrastructure, and economic and social circumstances; considering issues of capacity, need and potential opportunity.
- An assessment of current visitors and potential future markets.
- A set of strategic objectives for the management of tourism, covering:
  - conservation and enhancement of the environment and heritage;
  - economic and social development;
  - preservation and improvement of the quality of life of local residents;
  - visitor management and enhancement of the quality of tourism offered.
- An action plan to meet these objectives.
- An indication of resources and partners to implement the strategy.
- Proposals for monitoring results.

Twenty-three parks from eight countries have been awarded the Charter so far. In each case, EUROPARC, through the use of external verifiers, has helped the parks to identify ways to strengthen their actions towards sustainability and the Charter has served as a valuable incentive towards good practice.
4.2 Determining the level and nature of tourism

As part of the strategy and policy formulation process, governments, in consultation with partners, should make strategic choices about the general level and shape of tourism that may be appropriate for the country or specific destinations. This includes identifying targets for the volume and value of the sector, and for performance against other indicators relating to sustainability. Many factors will affect decisions on this, including overall strategic objectives and various factors identified in the situation analysis, such as current tourism levels, market trends, and a variety of resource constraints. Decisions can be assisted by the use of indicators and techniques to determine limits to tourism.

Two important issues in determining the appropriate level of tourism activity and the need and potential to accommodate growth are:

• The spatial distribution of tourism. Different locations and communities will be more or less suited to different levels of tourism. Factors influencing decisions on the location of new tourism development are considered below.
• Varying levels of demand across the year. Seasonality is a major issue for the sustainability of tourism. Many destinations experience distinct peaks and troughs. This is welcomed in some places, as communities and environments are able to recover in the off-season, and a seasonal pattern allows tourism to be fitted in alongside other activities and livelihood patterns. However, there are many reasons why tourism would be more sustainable if demand was less seasonal, including:
  • increased enterprise profitability and viability;
  • better quality jobs;
  • more efficient use of resources (such as accommodation capacity) and infrastructure;
  • avoidance of increased congestion at peak periods, which is when most negative impacts on communities and environments occur.

Market selection

Tourism strategies should identify priority markets. This will influence policies on the types of product to favour and also the marketing strategy.

Considerations of sustainability point to the following factors to bear in mind when selecting target markets:

• Seasonality: this is a key factor in market selection for sustainability. Some markets are less restricted than others in terms of when trips can be taken, or are more able and likely to respond to out-of-season products and offers.
• Growth potential: in the interests of economic sustainability, most destinations will seek to compete in markets indicating likely future growth.
• Spend per head in the community: higher spending visitors may contribute more to local prosperity with no greater cost to the community or environment.
• However, it is also necessary to consider the spending patterns of different market segments, including which types of visitors are most likely to spend money on products and services from which income is retained in the community.
• Length of stay: visitors who stay longer may contribute more in economic terms and become more aware and supportive of local community and conservation needs, as well as providing more economic benefit (a local gain) per distance travelled (a global environmental cost). However, in many parts of the world, short trips are growing faster than long trips.
• Distance travelled: nearer markets, involving shorter journeys to the destination, will lower global environmental impact from transport emissions.
• Relevance to the offer: some market segments will be more likely than others to respond positively to the type of destination and products on offer.
• Responsibility and impact: destinations with particularly sensitive environments or communities may target particular segments that are likely to be more appreciative and responsible or that will, by the nature of their activities, have less impact on the environment or communities.
• Dependability: there are advantages in selecting markets that are less prone to unpredictable fluctuation, resulting from factors such as world events, exchange rates or the image of the region.
• Offering opportunities for all: aiming to ensure visitor fulfilment implies a need to be inclusive when offering and facilitating tourism experiences, paying specific attention to the needs of people who are physically or economically disadvantaged.
• Ability to reach the market efficiently: markets should only be selected where an efficient and cost-effective communication process can be identified.
Strategic choices based on these factors need to be made between target markets. For example, certain international markets may exhibit strong growth, high spend per head and good affinity with the product, but be more seasonal, less dependable, less inclusive and involve longer journeys. Domestic markets may provide fewer economic returns, but be more dependable, less seasonal and bring needed social benefits to participants. Where appropriate, business tourism and the MICE (meetings, incentives, conferences, and exhibitions) markets can deliver high spend out of season.

Sustainability considerations point to the need for destinations to maintain an appeal to a range of markets, to avoid over-dependency on any one market that may not be consistent in the long term. The importance of sound market research has been strongly underlined as a key factor for sustainability.

**Product selection**

Tourism strategies should consider the balance of products in a destination. Sustainability considerations may point to gaps in the range of products on offer or types of product to emphasize.

Few tourism products are inherently unsustainable. In almost all cases, impact depends on the nature and location of the development and operation. However, different types of product have different strengths and weaknesses in terms of their relevance to sustainability. This is illustrated by Table 4.1.

Governments, together with the private sector, should aim to reduce the potential disadvantages and reinforce the advantages of the different tourism products.

In general, destinations should seek a diversity of types of product, provided they are in line with market demand, are well planned and developed and are operated to meet the needs of local communities and environments.

<table>
<thead>
<tr>
<th>Tourism type</th>
<th>Potential advantages</th>
<th>Potential disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Larger resorts and hotels, or similar enterprises</td>
<td>• Generation of significant employment • Resources to support training • Business and marketing skills; financial stability • Ability to invest in environmental management systems and new technology • Potential for market diversification to reduce seasonality • Can absorb large visitor volumes</td>
<td>• Land and resource hungry • Potentially large ecological footprint • May not relate readily to local community • Potentially greater economic leakages, including repatriation of profits • Anonymity and lack of authenticity • Potential for exploitation of community/environment and lack of local influence • Possible lack of long term commitment to the local area</td>
</tr>
<tr>
<td>Medium, small and micro enterprises</td>
<td>• Individually owned and potentially responsive to local circumstances • May be located in areas of economic need • Flexible, with potential to grow • Able to deliver authentic experience • Profits may be retained in community</td>
<td>• Moderate to low levels of employment • Variable quality • Lack of resources to make investments in quality and environmental management • Lack of business skills • Difficulty in securing market access</td>
</tr>
<tr>
<td>Community-based tourism</td>
<td>• Products owned/operated by community, with sharing of economic and social benefits • Wider community awareness stimulating local support for conservation of culture and nature • Delivery of authentic experiences based on local knowledge • Increased visitor awareness of, and support for, community issues</td>
<td>• Any uncertainty over ownership, and lack of entrepreneurial motivation, may lead to weak economic sustainability • Challenge to ensure fair distribution of benefits • Lack of business skills and difficult access to markets • Can be difficult to break dependency on outside assistance</td>
</tr>
</tbody>
</table>
the presence of a significant range of visitor attractions, restaurants, retail outlets (including handicraft sales), and events provided by local enterprises and bodies located within the community, will increase the potential level of visitor spending and the economic value retained locally.

### 4.3 Influencing tourism development

Government policies that influence the extent and type of new developments are among the most important in terms of making tourism more sustainable. Decisions made at the development stage have a long term effect and are difficult to reverse.

Development of tourism can be influenced when policies are agreed and plans are made for tourism in an area, and by determining the nature and shape of individual development proposals, and deciding whether or not they should happen.

The principles and aims of sustainable tourism, and the policy implications arising from them, point to a number of factors that need to be taken into account when making decisions about tourism development and developing policies that seek to influence it.

These factors are presented, in the following three groups, in Box 4.3:

- **Strategic development factors**—relating to the ways in which a development may affect the overall scale and shape of tourism in a destination.
- **Locational factors** - relating to choices and decisions about where tourism development may be encouraged or discouraged.
- **Performance and impact factors** - concerned with the impacts of specific developments on the economy, society and the environment.
The tools described below may be useful in addressing the different factors explained in Box 4.3. Others tools are presented in similar fashion in subsequent sections; their relevance and use are discussed further in Chapter 5.

**Tools**

**Land use planning and development control** is the primary tool for influencing the location and nature of new tourism development. This may also be linked to development regulations. In some circumstances, less formal guidelines can also be useful. The time when new development is being planned or approved can provide an important opportunity to influence future sustainability by introducing obligations for operators—for example introduction of requirements for reporting and auditing of impacts. **Economic instruments** can be used as an incentive for new development to incorporate sustainability aspects. **Capacity building** is important in assisting small enterprises and communities in deciding on, and implementing, new developments. Investment in appropriate **infrastructure** can also a ect the sustainability of new tourism development. The application of **sustainability indicators and monitoring** will help to keep a check on the impact of tourism development over time.
4.4 Influencing the operation of tourism enterprises

Although the operation of tourism enterprises is essentially a responsibility of the private sector, there are many ways in which government policies can exert influence in order to encourage sustainability of operation.

Key areas for enterprises

Policies should encourage, support and promote action by enterprises in the following areas:

- Quality and customer care: these are central to issues of economic sustainability and visitor fulfilment.
- Environmental management: establishing more or less elaborate environmental management systems forms part of the actions that enterprises can take. Equitable use of resources, such as water, respecting community needs should also be seen as an aspect of sound environmental management.
- Human resource management: providing good quality, equitable employment opportunities is of fundamental importance. Related issues include providing employment opportunities for local people and for those who are poor or otherwise disadvantaged.
- Supply chain management: different aspects of sustainability point to the need for tourism enterprises to work with suppliers who:
  - are local to the area, thereby benefiting the local economy and reducing transport distances;
  - demonstrate ethical employment and trading policies;
  - are located in poor communities and involve or support the poor;
  - use environmentally sustainable production processes, such as organic agriculture. (It may not always be possible to satisfy all these requirements, and some strategic choices may need to be made).
- Relationships with the local community and environment: enterprises should be encouraged to support local conservation and social causes.
- Influence over guests: enterprises can have a significant impact on the behavior of their guests.
can exert influence through information, interpretation (e.g. by guides), and facilitation (e.g. helping those who arrive by public transport).

Creating the context for sustainable enterprises

Governments can encourage enterprises to be more sustainable through direct advice and support or through policies and actions to create the conditions for sustainability.

The main conditions for economic viability, are particularly relevant here. They involve market access, a sound labour supply, positive destination images, safety and security and the critical importance of maintaining an attractive environment for the economic sustainability of tourism enterprises.

Other factors for the creation of a suitable context for sustainable enterprises include:

- Provision of the right infrastructure.
- Facilitating networking between enterprises.
- Helping to develop the supply chain through improving contacts and information and assisting with the development of local sources of supply.

Tools

Legislation, regulation and licensing should cover the most fundamental and serious impacts of tourism operation such as the welfare of employees and guests, or avoiding environmental damage. However, much can be achieved by voluntary measures, such as issuing guidelines and encouraging reporting and auditing. Voluntary certification provides a useful method for identifying and thereby stimulating good practice.

Economic instruments and coverage in marketing can also provide an incentive, perhaps linked to certification if appropriate. Capacity building is important in providing enterprises and communities with the knowledge and skills to improve their management. In some places, the development and management of appropriate infrastructure and public services will be necessary to enable enterprises to be more sustainable. Maintaining regular feedback from enterprises that is set against sustainability indicators will be important in assessing the impact of policies.

4.5 Influencing visitors—promoting sustainable consumption

The activities of visitors and the decisions that they make have a bearing on the whole sustainability agenda. They affect the flow and retention of income, the benefits and pressures felt by recipient communities and the impact on the global and local environment. Their influence is partly direct and partly through the signals that the market gives to enterprises, which is perhaps in the long term the most sustainable way of affecting industry behavior.

Consumer awareness of the sustainability of tourism and travel can be raised at any time, through general education, media features, etc. The impact of an individual trip can also be influenced at any stage through images and messages delivered when people are choosing or planning where to go, during the journey, at the destination or afterwards.

Governments can influence visitors directly in a variety of ways, including via marketing and information activities, and indirectly through the effect of their policies on the travel trade.

Sustainable consumption in tourism can be encouraged by influencing travel choices, visitor flows and visitor behavior. Policy choices should be made about what level and kind of visitor activity should be encouraged or discouraged in the interests of sustainability, and measures introduced that will influence visitors’ choices and behavior accordingly.

Influencing travel choices and visitor flows

Influencing travel choices and visitor flows means influencing the nature of trips taken. Key factors relevant to sustainability include:

- When trips are taken: as already mentioned, travel out of season may often be more sustainable.
- Places visited: strategic decisions should be taken about the level of visitation to be encouraged in different areas. For example, visits to protected areas may be encouraged because of the revenue they bring to conservation or, alternatively, they may need to be discouraged because of the ecological sensitivity of the area.
- Transport used: the significantly greater environmental impact of travel by private car or air compared
with other forms of transport has already been mentioned.

• Operators and enterprises selected: encouraging visitors to select operators that follow sustainability principles will make consumption more sustainable.
• Group size: in many places, larger volumes of people arriving at the same time can be more disruptive to environments and communities.
• Length of stay: in general, longer trips may bring more benefits to host communities and be more sustainable than short trips.

*Influencing visitor behavior and awareness*

Visitors should be encouraged to:

• Respect host communities and avoid all forms of disruptive behavior.
• Find out about the natural and historic heritage and culture of the area.
• Purchase local products.
• Reduce personal environmental impact—e.g. using water and energy sparingly, recycling waste and not leaving litter.
• Follow good practice with respect to outdoor activities, including wildlife watching.
• Support conservation and social projects, financially or in other ways.

*Tools*

Messages delivered through marketing and information services constitute the main method of influencing visitor flows and behavior. These may be backed up as appropriate by the issuing of guidelines and codes of conduct. In some circumstances, it may be necessary to control visitor flows and behavior through regulation, for example where access needs to be restricted or harmful activities prevented. Voluntary certification provides a valuable tool for enabling tourists to choose products and enterprises that are more sustainable. Economic instruments (e.g. pricing) may influence behavior and can also be used to raise support from visitors. The provision and management of appropriate infrastructure such as public transport is an important enabling tool. Sound management will require processes for monitoring the flow of visitors and obtaining feedback from them, assessed against *sustainability indicators*. 
Instruments for More Sustainable Tourism

This chapter presents thirteen instruments that governments can use to influence the sustainability of tourism. Each instrument has a significant role to play, but it is important to realize that they are not mutually exclusive and to consider them as a complete set of tools available to governments. This is backed up by experience and is amply illustrated by the Case Studies which show governments applying ranges of tools in ways that are complementary and mutually reinforcing. However, in the interests of clarity, the following pages present the tools grouped according to their main purpose, as follows:

- **Measurement instruments** - used to determine levels of tourism and impact, and to keep abreast of existing or potential changes.

- **Command and control instruments** - enabling governments to exert strict control over certain aspects of development and operation, backed by legislation.

- **Economic instruments** - influencing behavior and impact through financial means and sending signals via the market.

- **Voluntary instruments** - providing frameworks or processes that encourage voluntary adherence of stakeholders to sustainable approaches and practices.

- **Supporting instruments** - through which governments can, directly and indirectly, influence and support enterprises and tourists in making their operations and activities more sustainable.
5.1 Measurement instruments

5.1.1 Sustainability indicators and monitoring

Attempting to make progress towards sustainability can be meaningless without some objective way of assessing whether its underlying principles are being respected or of measuring progress. The definition and use of indicators of sustainability is therefore a central component of the planning and management process. This subject has been studied by the WTO for the past 10 years, resulting in the publication of a comprehensive guide.

Why indicators are important

Indicators make it possible to monitor changes over time in a constant and consistent manner. They can help to clarify goals and, most importantly, force them to be more precise. They can be very valuable in fostering greater accountability and in raising awareness of, and support for, actions.

Indicators can be used to show:

- The current state of the industry (e.g. occupancy rates, tourist satisfaction).
- Stresses on the system (e.g. water shortages, crime levels).
- The impact of tourism (e.g. changes in income levels in communities, rate of deforestation).
- Management effort (e.g. funding of cleanups of coastal contamination).
- The effect of management actions (e.g. changed pollution levels, number of returning tourists).

Indicators provide early warning of when a policy change or new action may be needed, as well as providing a basis for the long term planning and review of tourism.

The use of indicators in policy making and planning

Indicators of sustainability should be defined at an early stage in the process of formulating a tourism strategy for a destination. They can then be used for:

- Baseline assessment of conditions and needs.
- Setting of targets for policies and actions.
- Assessment of actions.
- Evaluation, review and modification of policies.

The selection of sustainability indicators can be built into the process of consultation and participation. This can be most valuable in helping the stakeholders involved to focus their minds on tangible sustainability issues and priorities. Box 5.1 gives an example of use of indicators.

Indicators need to be linked to the priority issues identified in the destination. It is normal for a wide range of possible indicators to be identified initially, which may then be refined according to relevance and practicability of use.

In addition to their use in planning and making of tourism policy, indicators can provide a highly effective and flexible tool when applied more widely in the sustainable management of a destination, including to issues such as development control. Regular monitoring of changes in environmental or social conditions using indicators can allow for an adaptive management approach that is more flexible than the heavy use of regulation. Use of indicators in this way can be undertaken by local authorities or be imposed by them on developers.

Criteria for selecting and reviewing indicators

Five criteria have been identified for the selection of indicators:

- Relevance of the indicator to the selected issue.
- Feasibility of obtaining and analysing the information required.
- Credibility of the information and reliability for users of the data.
- Clarity and ease of understanding amongst users.
- Comparability over time and across regions.

A regular review of indicators is required to see whether the information is making a difference, to determine whether the issues have changed, to consider any practical issues associated with the usability of specific indicators, and to consider whether new sources of data might permit alternative indicators to be used.

The WTO study has identified many hundreds of different indicators that might be considered by destinations. It is stressed that it is not expected that all of these should be used at any one time. Selection of indicators should be a matter of local determination of priority issues, as identified above. However, 29 ‘baseline indicators’, that correspond to 12 baseline issues of sustainable tourism, are recommended (see Annex 1).
**Monitoring sustainability**

Monitoring sustainability involves taking measurements of environmental, social and economic conditions using selected indicators. Monitoring against a baseline set of results enables trends to be identified; change to be detected and, if possible, anticipated; and progress to be tracked. To be effective, monitoring should be undertaken regularly and follow a well-defined protocol.

Governments are often well placed to take the lead where monitoring is concerned. Some countries and destinations have established tourism observatories to monitor the volume and impact of tourism. Involving a wide variety of stakeholders in gathering relevant data to be used in monitoring can be beneficial and may also help to bind them into the process of management for sustainability. The range can include tourism service providers and visitors themselves.

One form of monitoring of the sustainability of tourism is to make specific, mainly quantified, measurement of:

- Levels of tourism: including both supply (e.g. by audits of the accommodation stock), and demand, (e.g. admission numbers to key sites or recorded bed nights).
- The state of the environment and society: this may either be an outcome of tourism or affect its performance - examples include employment levels, crime levels, air and water quality, and species counts in sensitive or heavily visited environments.

Another form of monitoring is keeping abreast of the activities, needs and opinions of key stakeholder groups, notably:

- Visitors: through site surveys, focus groups and feedback via hosts, etc., to check on profiles and levels of satisfaction.
- Enterprises: through surveys, meetings, etc., to check on their economic and environmental performance and their perceptions and needs.
- The local community: through household surveys, focus groups, etc., to check on attitudes to tourism and concerns about its impact.

Certain forms of monitoring, such as the measurement of environmental impacts, may require particular expertise. Provision of relevant guidance and training can help here.

**Benchmarking**

A valuable use of indicators and associated monitoring is to enable a destination to check its sustainability performance against comparable destinations. This can help to show up points of relative weakness that may need to be given priority. Such a benchmarking exercise requires destinations to cooperate in the use of similar indicators and monitoring processes.

Governments are well placed to facilitate benchmarking at international or national level. International benchmarking can take place between countries or between comparable types of destination within different countries.

At national level, benchmarking exercises can be carried out between destinations within one country, perhaps coordinated by national government departments working with a group of local authorities.

**5.1.2 Identifying the limits of tourism**

One of the principles of the sustainable development of tourism is preparedness to recognize and abide by limits on the development of tourism and visitor flows.

**Why it is important to identify limits**

It has been widely demonstrated that where tourism is associated with negative impacts on the environment or society, this is frequently due to the volume of tourists or the extent of development exceeding the capacity of the recipient destination.

It is important to identify limits to tourism development in order to assist planning and policy making, and to respect those limits through action to control what actually happens on the ground.

**The concept of carrying capacity**

The concept of carrying capacity in tourism has been the subject of much academic debate and discussion over many years. It usually refers to the number of tourists that a place can accommodate without detriment to the environment or host population nor any reduction in tourists’ satisfaction. Different kinds of carrying capacity have been identified, including:

- Ecological capacity: based on biological and physical factors such as ability of certain species to withstand disturbance.
- Socio-cultural capacity: determined by unacceptable impacts on the local community or limitations due
to the availability of human resources.

- Psychological capacity: the amount of crowding that tourists perceive as acceptable without affecting their quality of experience. This will vary according to types of tourist and types of activity or use.
- Infrastructural capacity: such as number of bedrooms or the capacity of transport systems or water supply. This is perhaps the element that can be most readily changed in the medium to long term.
- Management capacity: the number of tourists that can be realistically managed in an area without bringing economic and administrative problems.

A realistic approach to carrying capacity assessment

There are many critics of the concept of carrying capacity as applied to tourism. It is felt that it can be meaningless and perhaps misleading to put a precise capacity limit on the number of tourists. The different factors affecting capacities and impacts are both numerous and complex, the concepts are quite subjective, conditions change over time, and there is no clear way of arriving at a figure.

On the other hand there are many circumstances where it can be very useful, and sometimes necessary, to quantify a maximum or optimum level of usage or scale of additional development. Such numbers can be used, for example, as the basis for measures to regulate, or otherwise maintain a control on visitor flows in congested places, or to guide planning decisions about the number of accommodation units that may be acceptable in an area. Rather than reject the idea of quantification on account of the above weaknesses, a realistic approach should be adopted. This might entail:

- Recognizing the inevitable subjectivity of any assessment, therefore using relatively simple approaches to estimate some sensible limits based on the different components of capacity identified above. Estimates can be made through close observation of sites, surveys, consultation, etc.
- Using these estimates to stimulate debate and discussion.
- Avoiding applying measures appropriate to one area to other areas that may not be comparable.
- Identifying ranges rather than precise numbers.
- Being flexible about the capacity limit and being prepared to make adjustments in the light of experience.

It should also be accepted that the overall concept of carrying capacity is important and can be the subject of valuable study to guide policies, even if a quantified capacity limit is not actually identified. Carrying capacity studies, which have looked in detail at economic, social and environmental capacity issues, have proved very useful in a number of countries, although they have sometimes not been as clearly reflected in subsequent policies and plans as might be expected.

Limits of Acceptable Change

The problems associated with quantification of carrying capacity have led to the use of alternative approaches to recognizing limits to tourism. The Limits of Acceptable Change (LAC) concept recognizes that it is the level of undesirable impact (or change) that is the problem, rather than the quantity of activity per se, and limits should therefore be described in terms of impact. The process entails:

- Identification of impacts that should limit development or use.
- Identification of usable indicators related to these impacts (see Section 5.1.1).
- Identification of a range of values associated with these indicators that are considered to be acceptable or unacceptable (based on expert evidence, consultation, etc.).
- Maintaining a monitoring process to check that performance remains within the acceptable range.
- Taking management steps to adjust levels of use if limits are exceeded.

The LAC approach has the advantage of being flexible and based on a real assessment of impacts of concern. However, it may sometimes be difficult to rectify problems by making adjustments only after they have occurred.

5.2 Command and control instruments

5.2.1 Legislation, regulation and licensing

Legislation, regulation and licensing are inter-related tools that can be used to strengthen sustainability by setting out requirements that are compulsory and enforceable, and which lead to sanctions and penalties if they are not met. Legislation provides the authority to enforce requirements, which are defined and elaborated by regulations. Licensing is a process of checking and signalling compliance with regulations or otherwise identified obligatory standards, conveying permission to operate.

Governments are in a position to apply laws, regulations and penalties to control aspects of business
development and operations and to influence people’s behavior. This can be applied to the whole business sector and community or be more specifically targeted.

Legislation and regulations should be applied when governments deem them to be necessary. However, success requires regulations that are relevant, clear, practicable in terms of compliance and capable of being enforced. A sensible approach is to:

- Have the legislation in place that enables and supports the sustainability of tourism and gives authority to act.
- Have clear and enforceable regulations, supported by licensing as appropriate, where this is necessary to ensure important minimum standards.
- Seek to raise sustainability performance above such standards through other means, which also stimulate personal commitment towards continual improvement.

**When might obligatory controls be needed for sustainable tourism?**

There are a number of aspects of the development, operation and management of tourism that should be controlled through legislation and regulations in order to protect the environment, communities, visitors and the functioning of business. These include:

- The location and nature of development, covered under planning and development regulations.
- Rights and conditions for employees.
- Visitor health and safety, such as food hygiene and risk from fire and accident.
- Trading practices and ability to trade.
- Serious environmental damage (e.g. caused by discharges to air and water).
- Fundamental nuisance to local communities, such as excessive noise.
- Use of water and other scarce resources.
- Serious misconduct and exploitation by visitors of local people and vice versa (e.g. child prostitution).
- Right of access to services, land, etc.

The above aspects are of universal concern and should therefore be covered by a basic legal framework in each country applicable to all types of tourism in all locations.

There may also be situations where further specific regulations are needed, relating to particular activities or locations. These are covered below.

**‘Enabling legislation’ in support of tourism sustainability**

Existing legislation should be reviewed, and where necessary strengthened, to ensure that it is adequate not only for purposes of control but also to promote sustainable tourism. Important areas to address are:

- The spectrum of legislation that relates to the areas of concern listed above. It is important to determine whether it can be fully applied to tourism and whether there are any gaps that need to be filled.
- The legal basis for positively encouraging sustainable tourism. This can include powers and authority to promote tourism as an activity per se. It also includes the ability to provide incentives and other support and, critically, the freedom and scope to utilize those incentives to favour enterprises and activities deemed more sustainable than others.
- The powers and responsibilities of particular bodies—for example, the authority of protected area bodies to control or promote tourism.
- The ability of particular stakeholders to engage in sustainable tourism. A critical issue in many developing countries concerns land tenure. Legislation that clarifies or strengthens the land rights of individuals or communities can be very important. In appropriate circumstances, this may also allow conditions to be attached that encourage, or possibly require, the land and resources to be used in ways conducive to sustainable tourism.

The raft of legislation that may relate to the sustainability of tourism will be considerable and it would be impossible and unnecessary to consolidate all of this in a single law. Moreover, legislation relating to particular issues (e.g. employment) should be attached to those bodies that are ultimately able to enforce it, rather than dividing it along sectoral lines. What is needed is a supportive national tourism law coordinated with a suite of other laws that cover the above requirements.

**Reflecting sustainability in national tourism law**

National tourism laws set out the responsibilities of governments and their agencies towards tourism. They provide a constitutional basis for tourism policy in the long term, and are more shielded from short term political influence than non-statutory tourism strategies. Laws—in the way that they describe tourism and the purposes of government intervention in the sector—can provide a vehicle for underpinning sustainability. Principles of sustainable tourism could be included in the preamble to new tourism laws and reflected in the balance and wording of different articles. This could include an emphasis on supporting
Tourism laws can also provide the basis for enabling the control and licensing of activities specific to the tourism sector (such as hotels) and for the undertaking of certain actions to support tourism development (e.g. provision of financial assistance).

**Harmonizing and synchronizing legislation**

In principle, the legislation needed to control many aspects of the impacts of tourism will be contained in laws relevant to specific fields (e.g. environmental management or employment legislation) rather than in tourism law. However, links should be identified between tourism law and these other areas.

A process of harmonization and synchronization can be valuable. It should:

- Cover the ways in which relevant legislative requirements do, or should, relate to laws specific to tourism.
- Identify other laws that contain legislation relevant to the sustainability of tourism.
- Seek to minimize any conflict between different areas of legislation.
- Ensure that there is no confusing duplication between the powers and responsibilities of different agencies in this matter.
- Assemble information on all relevant legislation so that this can be clearly disseminated to the industry and other affected stakeholders (see below).

**The application of specific regulations**

In addition to the fundamental aspects of sustainability of tourism listed earlier - which require legislation and regulations applied to all forms of tourism within a country - it may be necessary to apply specific regulations to certain forms of tourism or in particular circumstances. These may relate to:

- Particularly sensitive environments (e.g. protected areas, or particular types of ecosystem such as coral reefs).
- Especially vulnerable communities (e.g. certain indigenous communities).
- Particular types of activity. This could include certain outdoor sports, such as diving, that may be potentially dangerous to participants and/or damaging to the environment.

Regulations may also be needed to control the number and frequency of certain activities which through their concentration in space and time have a high impact on communities. An example is the arrival of cruise ships.

Regulations could cover many issues, but typically might relate to:

- Access to certain areas
- Frequency and length of tourism use.
- Qualifications of operators
- Safety standards of equipment and facilities (applying, for example, to activity based tourism).
- Certain seriously damaging activities that should be controlled.

In some cases, it may also be possible to control such situations through voluntary codes or guidelines (see Section 5.4). In others, it may be helpful to issue such guidelines, but to back them up with regulations.

**Licensing**

Licensing of tourism enterprises can be used to:

- Signal compliance with basic legislation on issues such as employment and environmental protection.
- Signal compliance with other more specific regulations, as above.
- Enforce standards above minimum legal requirements.
- Control the number of operators in any one place.

Licensing has been used in many parts of the world to control activity and enforce standards in areas such as accommodation provision, guiding and informal street trading. Some simple sustainability requirements could be added to licensing conditions, but above a certain level this may be better achieved through voluntary processes.

One form of licensing is the issuing of permits to operate in certain areas, such as protected areas. This has proved to be an important tool for strengthening sustainability, as stringent conditions appropriate to a given set of local circumstances may not be suitable in other situations where more general licensing would be appropriate.

**Strengthening compliance**

A major problem with using legislation and regulations as a way of improving sustainability is the difficulty
of enforcement and of overcoming non-compliance. This is a fundamental issue both in developed and developing countries. Ways in which it can be addressed include:

- Linking regulations to licensing, and issuing the licence in the form of a badge
- Stimulating peer pressure amongst operators.
- Setting targets for implementation and getting operators to report against them.
- Streamlining inspection schemes, so that one inspector can cover various legislative requirements.
- Providing simple information to operators about the regulations they have to meet and what compliance means in practice.

Box 5.1 gives an example of the latter two approaches used in England in relation to provision of accommodation.

### 5.2.2 Land use planning and development control

These inter-related tools can be used to influence the location and type of new tourism activities and to control potentially harmful development.

**The importance of land use planning and development control**

These are, arguably, the instruments that have provided the primary means of intervention by governments in shaping the nature of development on behalf of society.

**Box 5.1: Streamlining inspections and clarifying requirements**

In England, the tourist authorities have taken a number of steps to address non-compliance with regulations in the accommodation sector and to make it easier for enterprises to understand the legal requirements they have to meet.

The ‘Fitness for Purpose’ initiative has involved systematic inspection of establishments in six pilot areas to check compliance with respect to food hygiene, health and safety, fire safety and trading standards legislation. Consideration has been given to ways of coordinating inspection processes to make them more efficient both for the industry and for the enforcement bodies.

The national tourist authority has produced a ‘Pink Booklet’ as a practical guide to legislation for accommodation providers. The booklet identifies the relevant legislation under different subject headings, spelling out in simple language the circumstances under which it applies, what actions are necessary to meet the requirements, and sources of further information and help.

Land use planning and development control are critically important for the sustainability of tourism, influencing not only tourism development itself but also controlling other forms of development that might be detrimental to the economic sustainability of tourism in the short or long term. At the time when local land use plans are being agreed, or more specifically when decisions are being made to approve or refuse controversial developments (such as industrial plant, mining or timber extraction), economic arguments relating to tourism can be used to advocate environmental conservation.

The potential strength of these tools, and the way in which they can be applied, will vary from country to country according to the nature and functionality of the land use planning system that is in place. This partly reflects political circumstances, legislative frameworks, levels of corruption, and administrative efficiency. The nature of landownership is also a critical question. In some countries where there is widespread government ownership of land, development control may be brought about more directly through the issuing of leases, permits and licenses. However, the fundamental principles behind sustainable land use planning for tourism still remain.

The outreach of land use planning is also very important. In some countries planning control is applied to all areas. In other countries, this may, essentially, be restricted to urban settlements or designated protected areas. In general, the greater the coverage of a sound land use planning system and effective development control, the stronger the chances of achieving more sustainable tourism.

**Relating tourism strategies to spatial and land use plans**

In the past, tourism planning tended to be executed through the preparation of somewhat rigid and top-down master plans, which indicated locations and sites for tourism development based principally on physical
attributes of the land and location with respect to potential visitor flows and accessibility. Sustainability principles point to a more strategic, flexible, bottom-up approach, taking account of a wide range of economic, social and environmental factors and based on local consultation and participation.

The approach advocated for tourism is in line with the advent of integrated ‘spatial planning’ at a regional level and community-based planning at a local level, which is being pursued in many countries, and tourism planning should align with this.

Tourism strategies built on participatory structures and inclusive processes should provide the basis for tourism planning. Planning should also mirror the preparation of tourism strategies at the national, regional and local destination levels emphasized in Chapter 3. This can be achieved by two interrelated processes:

- National or regional spatial planning: in many countries and regions, it is appropriate for national or regional tourism strategies to be interpreted spatially. These might take into account broad factors of natural resources, economic need, market potential, etc. In some cases they could lead to the indication of broad priority areas for tourism development. Spatial planning at this level should also make links between tourism and important related issues that have a spatial dimension such as transport planning.
- Local community-based land use planning: decisions on the level, pace, nature and location of tourism development at the local level should be based on local strategies and plans, involving thorough assessment of economic, social and environmental opportunities and constraints, together with full community engagement. These processes should then determine land use planning policy.

**Making land use planning for tourism more sustainable**

The location of tourism development should be based on strategic choices reflecting the agenda for sustainable tourism and these choices should be taken into account when considering wider spatial planning and local land use planning for tourism.

Some important points to bear in mind when developing such plans include:

- Positive planning for sustainability. Land use planning should not simply be a controlling process. It can be used creatively to identify space and location for new development that will contribute to sustainable tourism. For example, it can encourage clustering between tourism enterprises and related businesses, and strengthening of the local supply chain, by facilitating co-location.
- The potential to use other tools in association with planning. For example, the national or regional spatial planning process may lead to the identification of priority areas for the development of tourism that meet sustainability criteria. Such areas may then be used to concentrate economic incentives for the development of appropriate sustainable tourism products. The use of regulations or looser development guidelines can also be closely associated with planning.
- Future proofing. Planning should take account of already predictable changes in conditions, and in doing so should apply the precautionary principle. A particular example is taking account of the effects of climate change, for instance with respect to coastal planning, and responding with the appropriate adaptation measures.
- Flexibility and adaptive approaches. Plans should also be open to less predictable change, such as world events that may alter demand patterns or unforeseeable natural phenomena. Adaptive planning can be assisted through the identification of reviewable limits and the use of indicators, regular monitoring and feedback.
- Checking the sustainability of the process. Some of the systematic approaches used within industry, such as environmental management systems, could be applied to the land use planning process. The Bodensee, Germany, provides an example.

**Integrated area management**

Placing land use planning for tourism within the context of more strategic spatial planning and with participatory processes at a local level is in line with certain other directions that have been taken in the sustainable planning and management of resources. There are some types of location that, because of their special circumstances, require an even more closely integrated approach—coastal areas being the most notable example.

Integrated Coastal Zone Management (ICZM) is a process that brings together all those involved in the development, management and use of the coast within a framework that facilitates the integration of their interests and responsibilities.

As tourism is often a major activity in coastal areas, it is clearly very important that tourism strategies, policies and plans are incorporated in the ICZM processes. Although this has a bearing on the wider coordination of organizations, strategies and policies in coastal areas, it is a particularly important issue with respect to land use planning, given the impact of new development on marine and coastal environments and communities.
Zoning for tourism development

One approach to land use planning at a local level is to identify a series of zones for different types and levels of tourism development. Zoning may be more or less appropriate as a tool according to the nature of the area, the landownership and planning circumstances and whether tourism is an established or newly developing activity. Community engagement should remain an integral part of any process to define zones, and community related issues may determine whether rigid zoning is an appropriate approach.

The identification of zones should be based on very careful assessment of resources as well as being related to strategic spatial issues. The zones can then form the spatial focus for quite precise planning policies and for the issuing of regulations to control use. This zoning and regulatory approach usually implies some application of concepts of carrying capacity in order to indicate appropriate amounts of development.

Development regulations and planning briefs

Development regulations, issued by governments or local authorities, can be used to inform potential developers as to what will be acceptable or unacceptable before they prepare schemes or projects for approval. They can also be used to ensure compliance with certain standards during the construction phase. In order to improve sustainability, regulations could cover such aspects as the density of buildings, location of buildings (e.g. set-back distances from the coastline), building heights, linkage to services and sewage disposal systems, materials used (e.g. efficiency standards), and aspects of design (e.g. with respect to the local vernacular). Social sustainability issues, such as health and safety features and provision of accommodation for staff, could be built into development regulations.

Rather than simply issuing regulations for general application, a planning authority may decide to issue a more specific planning or development brief for a particular site, with which any potential developer must comply. This may have the twin purposes of strengthening the chance of that site being utilized for tourism development, and also of ensuring that the resulting development will match a clear pre-determined style and design. Using such a tool allows sustainability related requirements to be incorporated in more specific detail.

Some governments or local authorities have prepared design guidelines for specific types of tourism facility. While these may be less rigorous than regulations, enterprises may be encouraged to follow them because they can assist in the process of obtaining planning permission.

Development control processes

If land use planning is to be effective, it is necessary to have a development control process that ensures compliance with land use planning regulations and prevents illegal development. There are many reasons why development control may be dysfunctional, some of which may be deep seated and require significant political change. However, functionality in terms of tourism planning may be facilitated by:

- Greater availability of human resources to handle applications.
- Capacity building with local administrations to increase knowledge of sustainable tourism issues.
- Clear notification requirements for potential developers, including both procedures to adopt and information to deliver.
- Enforcement of penalties for non-compliance, including financial penalties, criminal prosecution and removal of illegal structures.

Development control depends on potential developers being required to apply for planning approval. The notification procedure and the degree of detail required from developers prior to approval are determined by governments or local authorities, who may choose to include a wide range of information relating to the sustainability of the development. It is important that the level and nature of information required are relevant and realistic and not so onerous as to discourage compliance with the system. An example of information that could be required is contained in the section on notification within the CBD Guidelines on Biodiversity and Tourism3. This may be met by a requirement that the developer produces a formal Environmental Impact Assessment (see below).

A further useful mechanism associated with the development control process is the issuing of conditions attached to the granting of individual planning permission. This could be used to:

- Strengthen or improve certain aspects of the impact of the project itself, as proposed (e.g. design factors, landscaping, or access).
- Achieve some external benefits for the community or for environmental conservation through the process of planning gain (planning obligations). This could include, for example, the inclusion of provision of services for community use, replanting schemes, or the creation of trails or other infrastructure.

Any conditions or obligations that are imposed should be fair and realistic, and not be so onerous as to prevent implementation and the achievement of mutual benefit.
Environmental Impact Assessment

The sustainability of tourism development can be further strengthened by more extensive and effective use of Environmental Impact Assessment (EIA) as a requirement placed on developers.

EIA provides an internationally recognized and structured approach to obtaining and evaluating environmental information about the potential impacts of a physical development; the EIA is then used in decision-making in the development process. It is particularly useful as an adjunct to the process of granting planning permission for new development, and may be required of a potential developer in order to aid decision making. A particular strength of EIAs is the requirement to account for all stages and processes of a proposed development, including upstream and downstream impacts. There is also a requirement to consider alternative proposals that may lead to less harmful impact or provide greater opportunity for benefit.

In many countries, use of EIA is required by law in situations where proposed development-related actions are expected to be environmentally damaging, but its application to tourism varies around the world. There is a lack of consistency in the selection of developments for which specific EIA studies are required. Whether or not an EIA is required is likely to depend on the size and nature of the project, the sensitivity of the location in which it is proposed, and the perceived risk to the environment. Small scale projects are not included in most EIA systems although their cumulative impacts may be significant over time.

The close relationship between social and environmental systems makes it imperative that social impacts are identified, predicted and evaluated in conjunction with biophysical impacts. EIAs are increasingly including prediction and evaluation of social, economic and health impacts as well as environmental impacts. Emerging thinking and practice in the application of EIA is likely to focus mainly on adapting and using EIA in conjunction with other tools as a means of testing development proposals against pre-determined sustainability criteria.

Recommendations for improving EIA processes include:

• Clarifying the screening process that determines whether EIAs are required. The provision for EIA should be based on legislation which is clear and explicit as to the nature and scope of application and the type of approach to be taken.
• Reviewing how EIAs are applied to tourism development and whether coverage should be extended. At present it is unlikely that an EIA will be required generally for all tourism projects, but the kinds of project and location for which they are required should be clear to developers.
• Providing helpful guidelines, relevant to tourism, on what is required in the EIA.
• Avoiding duplication or uncertainty between the agencies involved, and providing a swift response, in order to prevent projects that do not comply from proceeding without a decision.
• Establishing a process to track compliance with any management and mitigation measures proposed in the EIA and, where necessary, providing enforcement action.

5.3 Economic instruments

5.3.1 Taxes and charges

These measures work through factors, namely cost, price and income, which have long proven to be major influences on the choices and decisions made by enterprises and consumers. They can be applied flexibly and adjusted readily. However, they are indirect instruments, and it is therefore difficult to be sure that the net effect will be that which was intended.

Imposing taxes and setting charges can have two important consequences for the sustainability of tourism:

• Changing the behavior of consumers and enterprises, through their effect on prices, costs and income. Taxes and charges can be constructed so as to penalize unsustainable practice such as pollution, and to change the pattern of demand.
• Raising revenue from consumers and enterprises that can be used to mitigate impacts and support actions such as conservation or community projects that lead to greater sustainability. For this to happen, taxes should be hypothecated—i.e. constructed in such a way that the revenue raised is restricted to specific types of use rather than simply going into the general public purse.

These effects are interrelated and should therefore be considered together. Often one measure can produce both of the effects at the same time. A balance may need to be struck between them.

Taxes and charges are important instruments in the process of internalizing the total costs, including environmental and social costs, of activities like tourism. Depending on the way they are directed, they can support adherence to the ‘polluter pays’ principle.

The main ways in which governments can use these measures are by:

• Setting charges for the use of resources or services which they control, such as public utilities and
amenities.

• Introducing general or more specific taxes on activities that affect the operation of tourism enterprises and the behavior of tourists.

An individual tax or charge may influence the behavior of enterprises or tourists or both. This may depend partly on the response of enterprises and whether they absorb the effect or pass it on to consumers through higher prices. Irrespective of who is affected by the tax or charge, good communication about the measure, the reasons for it and the resulting benefits is very important in winning support and maximizing compliance.

Different types of taxes and charges that have a particular bearing on tourism are described below.

General business taxes
One way in which taxation is likely to affect the sustainability of tourism is through the general impact of the fiscal system on the performance of tourism businesses.

Governments should ensure that corporate taxation does not discriminate unfairly against small service sector businesses. They should also take account of how taxation policy may affect the full range of economic, social and environmental issues relating to the particular circumstances of the sector, such as impacts on seasonal jobs and opportunities for micro enterprises and employees to engage in a variety of activities.

General tourist taxes
A number of countries have introduced taxes on tourism in the form of a tax paid per visitor, often raised per overnight stay as a ‘bed tax’. This is most usually collected from tourism enterprises, and may or may not be passed on by them to tourists. Normally it is not seen as a way of influencing visitor numbers but rather as a process for raising revenue. Significant sums can be raised in this way, but it can lead to industry concerns about the negative effect on demand and on enterprise profitability. A key issue for sustainability is the extent to which the proceeds are retained locally and used to support destination management, environmental conservation and social causes.

Taxes of this kind can be introduced specifically for the purpose of benefiting the destination and sustainability. However, even if they are presented in this way they can prove to be controversial.

The successful introduction of such taxes may be more difficult if it is seen by business as adding to their existing tax burden. A more successful approach may be to direct such a charge at visitors, as is the case in Belize, which is essentially a hypothecated exit tax. Any tax of this kind needs to be fairly and evenly applied, easy to collect, and fully discussed and supported by all those involved, including the travel trade. The utilization of the tax needs to be completely transparent and made widely known to those who are paying it.

Taxes and charges on specific inputs and outputs
A range of taxes and charges can be used to influence the use of resources by the tourism industry and tourists. Examples include:

• Effluent charges to encourage the reduction of emissions through end-of-pipe measures.
• Waste taxes to make final waste disposal more expensive, promoting reduction and recycling.
• Product taxes on items such as energy and packaging that have an environmental impact in production, consumption or disposal (e.g. carbon taxes on the use of certain fuels).
• User charges for use of precious resources such as water.

In most countries taxes and charges of this kind are applied generally in order to influence the activities of all businesses. It is unlikely that the tourism industry will be singled out for special treatment. However, changes in behavior on account of these measures will affect the impact of the industry, particularly in places where tourism has traditionally contributed to environmental or social impacts.

An issue of particular relevance to tourism is the use of taxation to influence choice of transport. Some countries have high taxes on petrol in order to encourage a switch from private motoring to public transport; this is likely to have a particular effect on discretionary journeys such as leisure trips. The argument for introducing a tax on aircraft fuel is frequently made, and is an important issue for the tourism industry.

Taxes or charges on water consumption can be very important as a way of keeping consumption down in tourist resorts.

Although taxes of this kind are primarily imposed to influence behavior rather than raise revenue, the proceeds from them can be used to support relevant activity.
Charging for the use of public amenities can provide a valuable tool in the field of tourism. As visitors perceive that they are getting a direct benefit, there is often little negative reaction to this. A particular example is the setting of an admission price for entry into a national park or heritage site. Charges may be used for management purposes, to control visitor numbers and environmental impact—this may be related to carrying capacity and targeted levels of demand. They may be varied at different times of the year. Social equity considerations would suggest that differential charges should be used that reflect ability to pay, preventing economic discrimination.

Generating revenue for use in conservation and management, or to support local communities, can be an important objective in the setting of charges of this kind. In some circumstances charges may be specifically augmented in order to increase revenue available for local causes. Where possible a structured and transparent approach should be used for the distribution of financial resources raised, involving local communities and informing those paying the charge about how their expenditure is being used.

Charges may also be raised for the use of infrastructure. A common example is the use of car parking charges, which can prove to be a sensitive management tool. As well as helping to limit vehicle use and consequent pollution and congestion, they can sometimes provide the only direct source of revenue for the management of sites where no other form of admission charge is possible. This is the case for certain countryside sites. Road tolls can also be employed to discourage private vehicle use.

**Charges influencing after use—assurance processes**

Charges can be constructed to serve as an assurance payment leading to sustainable outcomes at some future time.

- Performance bonds may be required of developers, in the form of a payment returned to them later providing certain conditions are met. An example most relevant to tourism is the use of a performance bond to ensure that reforestation is carried out following a development project that has required clearance of areas of forest.
- Deposit/refund charges might, typically, be applied to packaging such as glass or plastic bottles to stimulate reuse or enable controlled disposal.

**5.3.2 Financial incentives and agreements**

These are economic instruments that influence the behavior of enterprises by providing them with specific financial support or commercial opportunities provided that they act in a certain way.

Government action may involve:

- Providing financial support and opportunities themselves.
- Influencing and working with development assistance agencies whose policies in recipient countries are increasingly influenced through priorities and programmes agreed with governments.
- Influencing the financial decision making policies and actions of commercial sources of finance.

**Positive financial incentives**

Various forms of financial assistance can be used to influence behavior and support change. They can be directed at existing tourism enterprises or new projects.

Where positive subsidy is used, principles of economic sustainability suggest that the type and amount of assistance should be such that it encourages and supports self-sufficient enterprise and avoids dependency.

Three ways in which financial assistance can be used to effect change are:

- Leveraging action by placing conditions on financial assistance. This can apply to all kinds of projects. A lead is being taken by the World Bank and other development assistance agencies. The jointly agreed Equator Principles lay down a wide range of social and environmental sustainability conditions for large projects which must be the subject of assessment before assistance is approved. Conditions may relate to minimizing impacts or supporting conservation or social projects such as providing clean water. The approach is very relevant for national as well as international assistance schemes and for small as well as large projects. Micro-credit can, for instance, be used to influence sustainable livelihood decisions.
- Assisting specific forms of tourism that relate to sustainability goals. Rather than seeking to influence all types of tourism project, well tailored financial assistance can be provided, as required, to particular types of project that are in line with specific sustainable development priorities. Examples might be small scale community-based projects in poor areas, or certain ecotourism projects. The economic instruments might be closely related to capacity building (see Section 5.5.2), with financial assistance given to such aspects as building market access.
- Funding specific, direct investments that will improve sustainability.
Financial assistance may be provided for actions that will improve sustainability, such as the installation of environmentally efficient new technology. Assistance may also be given with the costs of establishing environmental management schemes. It is important for governments to avoid simply paying for the improvements that are sought, thus diminishing commitment to them. There are therefore advantages in using soft loans or tax credits. Often, such schemes can be most effective if combined with other instruments such as certification and capacity building.

Exerting influence through other financial agreements

Governments may also have an opportunity to influence the behavior of enterprises by reaching other kinds of financial agreement with them. This may entail conveying some form of property or trading right on the enterprise. Conditions can be attached to this process that require compliance with a sustainability agenda. Examples include:

- The granting by governments of concessions or contracts to enterprises. This has proved to be an effective vehicle for imposing conditions on selected enterprises - for example those providing services in national parks.
- Introducing tradable licenses for water extraction, with basic protection of rights for the poorest communities.
- Developing public-private partnerships with selected enterprises for the provision of certain facilities, such as transport infrastructure, public amenities or information services.
- Government procurement policies - for example, only accommodation certified as meeting sustainability criteria could be used for government business.

5.4 Supporting instruments

5.4.1 Infrastructure provision and management

Whereas most of the tools available to governments relate to influencing the actions of the private sector, the direct provision by government (or its agents, partners or contractors) of a range of infrastructure and public utilities and services should also be seen as an instrument for making tourism more sustainable.

Where investment is required in new infrastructure, it may be appropriate for costs to be shared between the public and private sectors, based on an assessment of the relative importance of public good and private gain.

General sustainability issues relating to infrastructure and services

The availability of transportation, water, energy, sewerage and waste disposal, telecommunications, and basic health and security services is of fundamental importance for the successful functioning of the tourism sector. Provision is crucial to the economic sustainability of tourism. The level and quality of provision is also crucial to issues of social and environmental sustainability. The provision of these services also forms a key part of the enabling environment, created by government, for a more sustainable tourism industry.

Infrastructure and public services should be supplied in such a way that:

- They benefit the local community, tourism enterprises and tourists, with adequate provision to meet everyone’s needs.
- Their provision is cost effective and sustainable.
- Best practices and technologies are used, minimizing consumption of resources and ensuring efficient and effective treatment of waste.

Careful, holistic planning and management of infrastructure and services is needed, taking full account of the existing and potential future demand from tourism as well as from the local community and other sectors. A fundamental principle and priority is to seek to minimize wasteful consumption by the tourism sector. In addition to provision of infrastructure and services, emphasis must therefore be placed on working with the industry on its environmental management, using the relevant instruments.

The need for careful monitoring of levels of use by the tourism sector is of paramount importance for future planning and to prevent over use. Mechanisms for monitoring, such as metering and counters, should be built in to the design of new infrastructure and equipment, and indicators and monitoring procedures should be built in to any service agreements with suppliers and providers.

Transport provision

Transport is a very important strategic policy area for sustainable tourism. Tourism should be fully taken into account in all transport plans, based on current visitor flow patterns and forecasts. The potential conflict between improving accessibility to tourism destinations for economic reasons and reducing emissions from
air and car transport has already been pointed out. A general policy line is to improve accessibility to and within destinations using less-polluting transport modes, and to manage tourist traffic in ways that will minimize congestion and adverse impacts on local communities and environments.

Many of the other instruments covered in this document can be used for transport management, notably economic instruments and marketing and information delivery (Section 5.5.3). However, the actual provision of transport infrastructure and public transport services is clearly an important area of action in its own right.

Examples of physical infrastructure measures include:

- Improving access to communities where this is needed to ensure the viability of tourism activity.
- Careful assessment of the environmental, social and economic impact of any new transport infrastructure proposal, especially new roads, or port and airport provision/extension.
- Being prepared to limit the capacity of roads and car parks as a control measure to discourage excessive car use.
- Developing park and ride schemes in popular tourist areas.
- Developing dedicated walking and cycling trails for use by tourists.
- Extending pedestrian areas in towns and cities.
- Introducing traffic calming measures and lane systems that favour public transport.
- Measures to reduce noise pollution from roads, airports, etc.
- Careful planning of signposting as an effective tool in traffic and visitor management, while avoiding unsightly and confusing clutter.

Box 5.2 gives an example of integrated transport development.

Public transport can be made more appealing for use by tourists in a number of ways, including:

- Integrated timetabling and ticketing between different transport modes.
- Adjusting timetables to reflect visitor movement patterns.
- Route planning to take account of the location of accommodation and visitor attractions.

**Box 5.2: Integrated development of public transport offers**

The combination of high levels of holiday and transit traffic produces significant congestion and pollution in narrow Alpine mountain valleys. In 1997, Austria's ministries for tourism, transport and the environment set up the 'sustainable mobility – car free tourism' project, with funding from the European Union, based on two pilot Alpine resort communities. The project was subsequently expanded into the transnational Alps Mobility Project, with the purpose of demonstrating the potential to promote holidays in the Alps based on environmentally benign transport options.

A whole range of different initiatives has been undertaken by the communities involved in the project, involving considerable joint working between public sector bodies, transport operators, tour operators and other stakeholders. Much of the project has been about coordinated information provision and creative marketing and packaging of public transport access to and within the region. However, the project has also shown the importance of improved transport infrastructure and services. Examples include:

- Provision and leasing out of zero-emission electric cars and motor scooters, together with solar-electric re-charging stations.
- Provision and coordination of bus routes, with improved visibility and design of bus-stops and associated information panels.
- Establishment of booking systems and luggage transfer services.
- Extension of pedestrian areas and car free zones.

The community of Werfenweng, one of the initial pilots, has seen the proportion of tourists arriving by train rise from 9 to 25 per cent. It has also observed an estimated reduction of 375 tonnes per winter season in CO₂ emissions, amounting to a 15 per cent reduction against the trend.
- Provision of luggage handling services.
- Efficient car and taxi sharing schemes.
- Extension of, and support for, public transport services on certain routes relevant to tourists.
- Improved and widespread availability of information and ticketing.
- Improved quality, security and safety against crime on transport services.

Tourist transport can be made more sustainable by the introduction of improved technology. Governments can assist with this by supporting appropriate research and development and by investing in, and procuring, modern transport systems that employ such technologies.

**Public utilities and services**

The provision of public utilities requires careful planning in tourist destinations, especially where particular natural resources are in short supply.

- Water: the supply and management of water is a key issue in many tourist destinations, in terms of both its quality and quantity. Increasing supply or introducing new sources (e.g. from desalination plants) can often be costly and have environmental consequences. Equitable water management is critical - if water is rationed, the interests of tourism enterprises should not be favored over local communities.

- Energy: in some destinations energy (for electricity and heat) may be supplied from local sources. Renewable energy sources should be favored, while paying attention to the impact of related infrastructure on the landscape (e.g. siting of wind turbines, pylons and hydro schemes).

- Solid waste: infrastructure, collection and management systems should enable waste to be separated and recycled. In some countries, tourism businesses are prepared to recycle waste but the municipality does not provide trade access to collection and treatment systems to back this up. Attention should also be paid to litter collection and the cleanliness and maintenance of public open spaces such as parks and beaches.

- Sewerage: wherever possible, tourism enterprises will connect to effective sewage treatment systems that have sufficient capacity to handle the flows arising in the peak tourist season. Discharge points should be carefully sited with respect to beaches and other sensitive areas. Governments should also propose solutions for sewage treatment for tourism facilities that cannot be connected to the public.

- Telecommunications: effective telecommunications, including information technology linkages, are very important for market access and economic viability. Associated infrastructure should be carefully located to minimize impact on sensitive landscapes.

**Security and emergency services**

Safety and security are increasingly important issues for destination image and performance. Attention should be paid to levels of policing and provision of other emergency services, such as health and fire services. The suppliers of these services should be in regular contact with tourism managers and sector bodies. A key issue is their ability to respond to visitors’ needs. Some destinations have dedicated tourist assistance schemes and help lines. Specific tourist police units have been established in some countries.

Systems for dealing with emergency situations such as health scares, terrorism and natural and industrial disasters, including response to early warnings, should be well rehearsed. This includes the provision of evacuation plans where necessary.

**5.4.2 Capacity building**

Capacity building is about developing the potential and ability of stakeholders to make and implement decisions that will lead to more sustainable tourism, by increasing their understanding, knowledge, confidence and skills.

**The advantages and role of capacity building**

There are many advantages to using capacity building as an instrument to strengthen the sustainability of tourism. Capacity building is direct and precise, and can be targeted at stakeholders or situations where change is needed or where it is felt that particular success may be achieved. It has the advantage of being a process which is likely to spread commitment to sustainability within the tourism sector, and so can secure long term benefit. It is also a flexible instrument that can be altered at any time. Capacity building can, however, be time consuming and require skilled personnel to carry it out. A particular challenge is securing the participation of tourism enterprises in the process.

Capacity building is particularly important in strengthening the effectiveness of the other tools presented in this document, such as economic instruments, certification and planning regulations, by alerting people to them and assisting with compliance.

Capacity building for more sustainable tourism will generally target:

- Tourism enterprises: most notably MSMEs, as these are likely to have more limited professional
capacity than larger enterprises and may be more likely to seek assistance
• Local communities or more specific groups of local stakeholders.
• Organizations and institutions, including government bodies and NGOs.

In the past, capacity building for tourism has tended to concentrate on issues of business performance, competitiveness and quality. A sustainable tourism approach would retain these priorities but add others such as management of human resources, supply chains and the environment. In terms of process, it would emphasize an integrated approach, encouraging enterprises and communities to work together.

The role of government in capacity building

Governments, both national and local, can play a direct role in the delivery of capacity building activity, or they may provide financial, technical or political assistance to others to do this. Capacity building is often a key part of assistance projects for sustainable development, which may involve a range of agencies including government. Support does not necessarily have to be financial, governments are often well placed to play a facilitation role.

Governments have a particularly important role in initiating and supporting research programmes, of which the results can be used in capacity building, in disseminating good practice, and in establishing stakeholder networks.

In many countries, governments may provide or fund institutions that are central to capacity building, such as research bodies, advisory services, and education and training establishments.

Capacity building with enterprises

An important part of the capacity building process involves helping individual businesses to make their operations more sustainable. Techniques used include the following:
• Providing direct advice: a number of governments support small business advisory services, which may also be assisted by donors. Providing technical advice on environmental management and other sustainability issues has proved to be one of the best ways of achieving effective change. Advice can also be integrated with the certification process as indicated earlier. A challenge is often to get enterprises to seek advice on sustainability in the first place. For this reason a wider audience may be reached by integrating sustainability with more mainstream business and marketing advice.
• Running training courses and workshops: these may cover relevant aspects of business and environmental management. Training sessions, including familiarization excursions, can also be used effectively to raise enterprise awareness of the special qualities and sensitivities of the local natural and cultural heritage, which may be passed on to guests.
• Using advisory manuals: a number of countries and projects have produced written manuals for enterprises on sustainability, which also include contacts for more detailed information. These are a good way to reach a relatively wide audience but may be more effective if combined with direct training and other instruments.

Improving the awareness and skills of individual staff, especially in larger establishments, should also be seen as part of the capacity building process. This is relevant to many aspects of the sustainability agenda, including quality of jobs and overall levels of performance. Some specific issues include:
• The need to make sure that training is designed to be accessible to all, irrespective of educational level.
• The potential to train specific staff in aspects of management for sustainability.

Developing networks and learning areas

One of the best ways of securing more participation in capacity building processes, and of increasing the chances of implementation of good practice over time, is to encourage and help businesses to work together in clusters or networks. Networks can in themselves strengthen the ability of enterprises to address sustainability issues. Networks may be geographically or thematically based, and may be related to established structures such as tourist associations. They provide the advantage of fostering common standards, mutual support and peer pressure between members.

A further development of the network approach is the concept of a ‘learning area’. Traditionally, tourism training has been seen as a one way process with individuals or enterprises receiving instruction from training bodies. New approaches point to more dynamic, evolving, two-way processes, based on the concept of continuous learning. A ‘tourism learning area’ links stakeholders in a destination (or thematic area) so that they can work together to improve their individual performance and the quality and sustainability of tourism in the area, through the development and exchange of skills, knowledge and experience. All relevant public bodies and private enterprises would be seen as part of the learning area, including both recipients and deliverers of training. The learning area approach seeks to ensure that capacity building processes are developed with the enterprises themselves and properly tailored to their needs, while also building cooperation and reducing duplication between training providers. A web portal would play a key role in
defining the learning area and facilitating communication within it.

**Capacity building with local communities**

Capacity building with local communities is an important component of sustainable tourism development relating to community empowerment and a number of other key aims. The process takes time. It should be carefully executed, and be based on the principle of assisting local communities rather than being prescriptive. In a number of areas, particular success has been achieved through partnership arrangements between individual private enterprises and local communities.

A first stage involves the facilitation of a visioning process and assistance with a realistic assessment of opportunities and impacts. The issue of the level of communal, as distinct from individual, activity and ownership (which will vary widely between different types of society) also needs to be addressed at an early stage, as should social equity issues such as gender. There are many projects around the world that have experience of working with local communities on capacity building for sustainable tourism.

A second level of capacity building with communities involves assistance with the acquisition of knowledge and skills. Typically, topics will include: customer care, marketing, environmental management, guiding services, business skills, working and negotiating with commercial operators, developing local supply chains, basic language training, and monitoring impacts and performance.

**Institutional strengthening**

Capacity building for more sustainable tourism should also be directed at government ministries at all levels, and their agencies. Institutional strengthening in terms of structures and relationships was covered in Chapter 3. However, in many countries there is also a need to strengthen awareness and knowledge of sustainability issues in tourism. Different needs and approaches include:

- Developing basic capacity (in terms of awareness, competence and resources) at all levels.
- Ensuring political awareness and support.
- Introducing technical competences in institutions.

Institutional strengthening may also be important for other bodies. For example, NGOs working in the fields of environmental management or community development can play a very important role in focusing tourism on sustainable development objectives, but may lack practical knowledge of tourism.

**Extending and sharing knowledge and good practice**

In order to fuel the capacity building process, governments should support education and research into sustainable tourism and dissemination of good practice. This could involve:

- Including sustainability issues in tourism education. Academic and vocational courses on tourism for young and mature students should include sustainability issues in their curricula. Courses in related fields, such as environmental management and sustainable development, should address the role of tourism.
- Supporting and disseminating relevant research and information. Acquisition of and access to information to guide sustainable development can be costly to individual enterprises, projects or communities. Support should be given to relevant research that can then be shared. This includes keeping abreast of
  - international research and knowledge. Particularly relevant topics include market research, management processes and the application of technology.
  - Recognizing and disseminating good practice. Some countries and international bodies use award schemes for sustainable tourism as a way of highlighting good practice. Different techniques for dissemination can be employed.
  - Encouraging study tours and other exchanges. The value gained from learning about the experience of similar destinations or initiatives within the same country or from abroad is frequently emphasized.

**5.4.3 Marketing and information services**

The marketing of countries or destinations and the provision of visitor information are traditional tourism functions of governments at the national and local level, most commonly performed by a national or regional tourist board or by a local authority.

In recent years, many countries have tended towards a partnership approach between the public and private sector in providing these functions, perhaps using an independent organization funded by both sectors. Even if governments are not engaged directly in destination marketing activity or in the delivery of information services, they are often able to influence them.

*The role of marketing and information services in influencing sustainability*
Marketing and information services are direct, powerful and flexible tools that can be used to influence the performance of different types of tourism enterprise and the behavior of tourists, by providing an essential communications link between destinations, products and visitors.

These tools can be used on their own. However they are also very useful, and frequently essential, in backing up other tools, such as economic instruments, guidelines and certification.

The primary functions of these tools in making tourism more sustainable are to:

- Facilitate market access: the vital importance of market access for economic sustainability is relevant to all types of tourism, but governments may need to pay particular attention to small enterprises or community-based tourism initiatives in this regard, owing to their limited resources for marketing.
- Promote particular forms of tourism or specific products that are more sustainable than others. This can enhance sustainability in two ways, by:
  - raising the profile and performance of such products and encouraging use of them;
  - providing a practical incentive. The restriction of certain promotional opportunities to enterprises that meet certain criteria can be used as a powerful incentive for all enterprises to become more sustainable.
- Influence visitors’ behavior, by informing them about sustainability issues and encouraging certain types of activity while discouraging others.

Strategic marketing linked to sustainability objectives

The extent and form of marketing activity should reflect strategic decisions about the amount and type of tourism required, and its location. Strategic priorities common to many destinations and that can be directly addressed through marketing and information include:

- Promoting to selected target markets that relate to sustainability objectives.
- Reducing seasonality, by promoting off-season images and opportunities.
- Promoting alternative destinations, spreading benefits and loads.
- Maximizing value retained locally, increasing spend per head and length of stay.
- Promoting the use of more sustainable transport.

Implications of sustainability for tactical marketing and information activity are identified below.

Conveying accurate images and information

Successful destination marketing depends partly on developing and promoting a clear brand based on the core values of the destination. In the interests of sustainability, the brand and associated images (including pictures and text) should:

- Be sufficiently strong to successfully command attention and generate new interest.
- Be sufficiently distinctive, to differentiate the destination from others.
- Match the values of the destination’s target markets.
- Be authentic, i.e. it should relate to what visitors will actually find.
- Avoid stereotypes and images that may demean local communities and their values.

Some destinations are seeking to convey concepts of sustainability (such as clean environments and engaged communities) in their core branding and images. This can be helpful in terms of drawing visitors’ attention to such issues at the outset, but only if the above conditions are met. Using ‘sustainability’ images in a contrived way can be damaging.

Irrespective of brands and images, all destinations should ensure that visitors are provided with accurate and sufficiently detailed information, before and during their trip, to enable them to make well informed choices and encourage responsible behavior. This should relate to the destination as a whole and to individual locations, communities and sites. It should cover:

- The natural environment, including special qualities and sensitivities to certain activities.
- The history, cultural heritage and traditions of the place, including implications both in terms of visitor interest and visitor behavior.
- The current economic and social conditions, and implications for how people should be treated.
- Information relevant to visitors’ health and safety.

In some circumstances, it may be appropriate to produce and promote specific guidelines or codes for visitors.

Tourist Boards and local authorities can have an important influence through their own promotions, information print, and websites. However, to be effective they should also work with incoming and international tour operators and with travel media (especially guidebook editors) to get this information across.
Promoting specific products and experiences

Promotional activities and information services may seek to give particular exposure to a range of products and services that relate most directly to sustainability objectives. These may include, for example, enterprises pursuing good practice (possibly identified through certification), particular forms of tourism such as cycling or walking that are environmentally friendly, or community-based tourism projects that have been developed specifically with poverty alleviation in mind. Three important approaches, which are not mutually exclusive, are:

- **Identification within mainstream promotion.** A key principle is that marketing messages relating to sustainability and associated products should not be treated as a separate component of destination marketing but be given a high profile within mainstream promotions. This should involve integrating relevant information, including features on particular types of product or transport alternatives, within the main destination’s guide and website. A particular example is the featuring of ecolabels within official accommodation listings.

- **Developing specific marketing campaigns.** Alongside mainstream promotion, some types of more sustainable product may benefit from separate marketing activity. For example, many destinations offer walking or cycling holidays, promotion of which may be coordinated within separate print and media campaigns. Giving priority to events and products available in the off-season may also benefit sustainability.

- **Supporting collaborative marketing within networks.** Joint marketing initiatives have proved to be a useful way of facilitating market access for individual MSMEs or community-based tourism initiatives, which may be too small to achieve effective market penetration on their own. This may be linked to additional services such as central reservation, as well as to capacity building. Marketing assistance can include researching markets, contact making with operators, providing presence at fairs, assistance with publicity and exposure in destination print and websites.

Ensuring effective local information delivery and interpretation

The availability of good quality information to visitors when they arrive and during their stay can be a very valuable tool for making tourism more sustainable.

Information that brings out the qualities, distinctiveness and interest of the immediate local area can help to encourage higher spending within the community.

The delivery of local information can also be combined with an element of interpretation, helping to raise visitors’ understanding of local environmental issues and the needs of communities. Key delivery outlets include:

- **Tourist Information Centres (TIC):** face to face information delivery can be particularly effective in getting the right messages across to visitors. TICs are often government supported, though their long term economic sustainability is frequently a challenge.

- **Visitor Centres:** these may combine visitor information and interpretative displays.

- **Panels and signage providing information and interpretation:** these need to be robust, well designed, simply worded, and strategically placed yet unobtrusive.

- **Holiday company representatives:** introductory information provided to visitors by reps, serving to orientate them within the resort and the wider area, can be very influential.

- **Accommodation hosts:** proprietors and reception staff provide a regular point of contact throughout a visit. Information they deliver (personally or through notices) can relate to the local area or to behavior within the establishment itself, such as use of water, turning off lights, etc.

- **Guides:** tour guides and local guides can play a critical role in influencing visitor behavior as well as providing interpretation.

All the above should be made well acquainted with sustainability issues in the area, through familiarization visits and training.

Using educational programmes

More sustainable behavior by visitors can also be achieved by educational activities, either on site or in the visitors’ home, school or social environment. Governments should promote teaching and training about responsible travel and recreation.

Local promotional campaigns and information delivery should not be seen only as tools aimed at visitors.

Governments influencing outgoing markets

Governments can further affect the sustainability of tourism by using marketing and information to influence the behavior of their own citizens as international travellers. In the past this has mainly been motivated by
concern for traveller safety, but some governments in developed countries have recently taken an interest in the impact of travel from their countries on the sustainable development of recipient countries. This can involve:

- Being conscious of the impact of official travel advice about certain countries on the wellbeing of the local tourist industry. Statements need to be carefully worded, specific, accurate and up to date.
- Encouraging and influencing tour operators and the travel media in their support for sustainable development and information given to tourists.
Conclusions:  
The way forward

This Guide has presented and examined the wide range of issues and significant challenges involved in making tourism more sustainable. The most effective structures and strategic approaches to policy making and the relevant implementation instruments have been discussed and illustrated.
**How can governments respond?**

Based on the evidence and recommendations presented here, governments should consider whether they are paying sufficient attention to tourism within the field of sustainable development, and whether their tourism policies and actions adequately embrace concerns about sustainability.

Participatory structures through which governments could work with other stakeholders to plan, develop and manage tourism in a sustainable manner should also be established. Tourism policies should be developed and implemented within a jointly agreed strategy that has the principles and aims of sustainability at its centre. This Guide aims to support and guide these processes.

It is appreciated that many countries will already have tourism strategies and policies. Where this is the case, strengthening the integration of sustainability into them should be part of the process of their revision and review. Gaps and deficiencies should be identified and addressed. Other countries that are developing tourism policies for the first time are encouraged to pursue the aims and approaches identified here from the outset.

One key to more sustainable tourism is to work in effective partnerships within local destinations. It is at this local level that much of the necessary planning, networking, capacity building and information delivery occur, and where tourism needs to be effectively integrated into local sustainable development. It is therefore important that the material in this Guide is disseminated to local authorities and that they use it to review, develop and implement their own tourism policies together with local stakeholders. National governments are well positioned to foster and facilitate this process.

At all levels of government, long term political support, technical competence and a sufficient allocation of resources will be required to ensure that policies are effectively implemented.

**How can other stakeholders respond?**

A growing interest in sustainability issues within the market and the private sector of tourism has been identified. This should underline the importance and value to governments of responding to sustainability issues.

Although this Guide is not directed at the private sector, tourism enterprises should take note of its contents. They should seek to improve their own performance and actions in line with the aims and principles articulated here and work together to strengthen their collective response. Private sector enterprises are also best placed to influence the awareness and actions of visitors. Moreover, they have a very important role to play in putting pressure on governments to take appropriate action and to work with them on this. Tourism will not become more sustainable without their active commitment and response to the policies and instruments outlined here.

The messages contained in the Guide are also relevant to other types of organization and institution, including the many kinds of government agencies, quasi-governmental bodies, and NGOs working in the fields of sustainable development, environment and tourism. Such organizations are particularly important in building bridges between government, the private sector and local communities. As well as participating in policy formulation, they have a very valuable role to play in the development and execution of many of the instruments identified here, such as certification and capacity building.

Individual countries should not work in isolation on making tourism more sustainable. Many sustainability issues have trans-boundary, regional and global implications. Inter-regional bodies should take note of the Guide and facilitate joint approaches between governments as appropriate. The document also has many implications for multinational and bilateral development assistance agencies and the way they support tourism policies and projects.

**A continual communication process**

A sustainable approach to tourism development and management is all about planning for the long term, working together, checking on outcomes and adapting to change. Effective communication is fundamental to this. Policies and instruments will not work unless they are put across in the right way.

Governments should make sure that all relevant stakeholders know what is expected of them. The sustainable tourism strategy and policies should be clearly disseminated. Many of the instruments outlined in this document require effective communication but others can facilitate it, such as regular government
reporting on their own actions and the issuing of simple guidelines based on the agreed policies. A commitment to regular monitoring and review, and to communicating results between all stakeholders, should become widespread. To move towards more sustainable tourism should be widely trumpeted and celebrated, amongst tourists, host communities and the participants in the industry. Yet in doing this, the commitment to change and improvement must be genuine and based on well-established policies and actions that can be delivered.